

**Thursday 24th March 2011, 5-6pm**

Please see below detailed information about the above Competition which has now been scheduled for Thursday 24th March, 5pm-6pm. This date replaces Tuesday 15th March which will now revert to a normal Club night with on ice group lessons as well as off ice classes (5.30pm-7.05pm).

Entry forms can be downloaded from the BISC Website or in the BISC box:  
<http://www.bracknell-ice-skating-club.co.uk/ice-skating/forms.htm>

<b><u>SOLO CLASSES</u></b>		<b><u>RECOMMENDED TEST REQUIREMENTS</u></b>
<b><u>PRE-JUVENILE COMPULSORY DANCE</u></b>  <b><u>Class 1</u></b>	Rhythm Blues (2 seq)	<ul style="list-style-type: none"><li>• Level 1 FM</li></ul>
<b><u>JUVENILE COMPULSORY DANCE</u></b>  <b><u>Class 2</u></b>	Dutch Waltz (2 seq)	<ul style="list-style-type: none"><li>• Level 1 FM</li><li>• Level 1 CD</li></ul>
<b><u>PRE-JUVENILE FREE DANCE</u></b>  <b><u>Class 3</u></b>	1½ minutes +/-5 secs Any Rhythm – Midline or Diagonal Step Sequence (full length of the ice) PLUS 1 but no more than 2 Spins (min 3 revs on 1 foot) 1 Twizzle min of 1 Rotation	<ul style="list-style-type: none"><li>• Level 1 FM</li></ul>
<b><u>JUVENILE FREE DANCE</u></b>  <b><u>Class 4</u></b>	1½ minutes +/-5 secs Any Rhythm – Midline or Diagonal Step Sequence (full length of the ice) PLUS 1 but no more than 2 Spins (min 3 revs on 1 foot) 1 Twizzle min of 1 Rotation	<ul style="list-style-type: none"><li>• Level 1 FM</li><li>• Level 1 CD</li></ul>

COMPETITORS MAY ONLY ENTER ONE COMPULSORY DANCE CATEGORY

CLOSING DATE FOR ENTRIES: MONDAY 21<sup>st</sup> MARCH, 5pm

<b><u>COUPLES CLASSES</u></b>		<b><u>RECOMMENDED TEST REQUIREMENTS</u></b>
<b><u>COUPLES PATTERN DANCE</u></b>  <b><u>Class 1</u></b>	Rhythm Blues Dutch Waltz (2 seq)	<ul style="list-style-type: none"> <li>• Level 1 FM</li> <li>• Level 1 CD</li> </ul>
<b><u>COUPLES PATTERN DANCE</u></b>  <b><u>Class 2</u></b>	Fiesta Tango Willow Waltz (2 seq of each)	<ul style="list-style-type: none"> <li>• Level 3 FM</li> <li>• Level 3 CD</li> </ul> and either <ul style="list-style-type: none"> <li>• Level 3 OD or</li> <li>• Level 3 FD</li> </ul>
<b><u>COUPLES PATTERN DANCE</u></b>  <b><u>Class 3</u></b>	14 Step (3 seq) Foxtrot (2 seq)	<ul style="list-style-type: none"> <li>• Level 5 FM</li> <li>• Level 5 CD</li> </ul> and either <ul style="list-style-type: none"> <li>• Level 5 OD or</li> <li>• Level 5 FD</li> </ul>
<b><u>COUPLES PATTERN DANCE</u></b> <b><u>IJS NOVICE</u></b>  <b><u>Class 4</u></b>	Starlight Waltz Tango (2 seq of each)	<ul style="list-style-type: none"> <li>• Level 8 FM</li> <li>• Level 7 CD</li> <li>• Level 7 OD</li> <li>• Level 7 FD</li> </ul>
<b><u>COUPLES FREE DANCE</u></b>  <b><u>Class 5</u></b>	2 minutes +/-5 secs 1 Step Sequence in Dance Hold 1 Dance Spin min 3 revs on 1 foot by both skaters 1 Dance Lift 1 Set of Twizzles	<ul style="list-style-type: none"> <li>• Level 3 FM</li> <li>• Level 3 CD</li> </ul> and either <ul style="list-style-type: none"> <li>• Level 3 OD or</li> <li>• Level 3 FD</li> </ul>
<b><u>COUPLES FREE DANCE</u></b>  <b><u>Class 6</u></b>	2 minutes +/-5 secs 1 Step Sequence in Dance Hold 1 but not more than 2 Dance Spins min 3 revs on 1 foot by both skaters 1 but not more than 2 Dance Lifts 1 Set of Twizzles	<ul style="list-style-type: none"> <li>• Level 5 FM</li> <li>• Level 5 CD</li> </ul> and either <ul style="list-style-type: none"> <li>• Level 5 OD or</li> <li>• Level 5 FD</li> </ul>

<p><b><u>COUPLES IJS NOVICE FREE DANCE</u></b></p> <p><b><u>Class 7</u></b></p>	<p>3 minutes +/-5 secs</p> <p>Vocal Music is not permitted</p>	<ul style="list-style-type: none"> <li>• Level 8 FM</li> <li>• Level 7 CD</li> <li>• Level 7 OD</li> <li>• Level 7 FD</li> </ul>
<p><b><u>COUPLES IJS JUNIOR FREE DANCE</u></b></p> <p><b><u>Class 8</u></b></p>	<p>3½ minutes +/-10 secs</p> <p>Vocals permitted</p>	<ul style="list-style-type: none"> <li>• Level 9 FM</li> <li>• Level 9 CD</li> <li>• Level 9 OD</li> <li>• Level 9 FD</li> </ul>

COMPETITORS MAY ONLY ENTER ONE PATTERN & ONE FREE DANCE CATEGORY  
CLOSING DATE FOR ENTRIES: MONDAY 21<sup>st</sup> MARCH, 5pm  
FOR REQUIRED ELEMENTS IN CLASSES 7 & 8 SEE ISU COUPLES REGULATIONS