



BISC DANCE COMPETITION

Tuesday 23rd March 2010 at 5.00pm

Rules

- ❖ All entrants must be members of BISC aged 25 and under and must be coached at Bracknell.
- ❖ As time is limited it may be necessary to limit the number of entries in each class. This will be done by a random draw on the closing date. Entries will only be accepted when the entry form is accompanied by the entry fee. Telephone or e-mail entries will not be accepted.
- ❖ The draw for the order of skate will take place on Sunday 21st March 2010 at 11am.
- ❖ NISA standard is as at the closing date. The minimum test standards are recommended only.
- ❖ No maximum standards.
- ❖ Closing date is Sunday 21st March at 10am.

Class #	Category	<u>Recommended</u> minimum test	Details
<u>1</u>	<u>Pre Juvenile</u>	No Minimum standard required	Compulsory Dance Novice Foxtrot (1 Sequence)
<u>2</u>	<u>Pre-Juvenile</u>	No Minimum standard required	Compulsory Dance Rhythm Blues (2 sequences)
<u>3</u>	<u>Juvenile</u>	Level 1 FM	Compulsory Dance Dutch Waltz (2 sequences)
<u>4</u>	<u>Beginner couples</u>	Level 2 compulsory dance	Compulsory - Fiesta Tango (2 sequences)
<u>5</u>	<u>Novice couples</u>	Level 6 compulsory dance	Compulsory - Either Paso Doble (3 sequences) or Rocker Foxtrot(4 sequences) (to be drawn)
<u>6</u>	<u>Beginner couples</u>	Level 2 compulsory dance	Beginner couples free dance - 2 mins +/- 10 seconds Required elements: 1 lift, 1 spin, 1 straight line step sequence, 1 set of twizzles.
<u>7</u>	<u>Novice couples</u>	Level 6 compulsory dance	Novice couples free dance - 3 mins +/- 10 seconds Required elements as per IJS regulations.

The entry fee for all classes 1-3 is £5, and classes 4 -7 £10 per couple. Entry forms are available from the club folder or can be downloaded from the BISC website. Please put completed entry forms and fees (cheques made payable to BISC) in the club folder.

