



# BISC DANCE COMPETITION

**Tuesday 30th June 2009 at 5.00pm**

## Rules

- ❖ All entrants must be members of BISC aged 25 and under and must be coached at Bracknell.
- ❖ As time is limited it may be necessary to limit the number of entries in each class, or cancellation of non-championship classes. Priority will be given to skaters who will be competing in the solo dance championships. Entries will only be accepted when the entry form is accompanied by the entry fee. Telephone or e-mail entries will not be accepted.
- ❖ The draw for the order of skate will take place on Sunday 28<sup>th</sup> June 2009 at 11am.
- ❖ NISA standard is as at the closing date. The minimum test standards are recommended only.
- ❖ No maximum standards.
- ❖ Closing date is Sunday 28<sup>th</sup> June at 10am.
- ❖ Required elements for free dances as are per rules and regulations for solo dance championships 2009. See NISA website for full details.

Class #	Description	Recommended minimum test	Details
1	Pre-Juvenile	Level 1 FM	Novice foxtrot 1 circuit
2	Juvenile	Level 1 CD variation and FM	Dutch Waltz 2 sequences
3	Novice	Level 2 CD variation and FM	14 step 4 sequences
4	Primary	Level 3 CD variation and FM	European Waltz 1 circuit i.e.2 lobes
5	Junior	Level 5 CD OD and FM	Silver Samba 2 sequences
6	Intermediate	Level 7 CD OD Level 6 FM	Starlight Waltz 2 sequences
7	Senior	Level 9 CD OD Level 6 FM	Argentine Tango 2 sequences
8	Pre Juvenile/Juvenile Free Dance	Level 1 CD variation and FM	Programme length 1 min 30 secs
9	Novice/Primary Free Dance	Level 2 CD variation and FM	Programme length 1 min 30 secs +/- 5 secs
10	Junior/Intermediate Free Dance	Level 5 CD OD and FM	Programme length 2 minutes +/- 10 secs
11	Senior Free Dance	Level 9 CD OD Level 6 FM	Programme length 3 mins +/- 10 secs

Abbreviations: CD=compulsory dance, OD = original dance, FM = field moves

The entry fee for all classes is £4. Entry forms are available from the club folder or can be downloaded from the BISC website. Please put completed entry forms and fees (cheques made payable to BISC) in the club folder.

v.1 02/06/0909