

# **Bracknell Adult Open Skating Competition 2009**

You must be a member of NISA

MONDAY 27 APRIL 2009  
Closing date **Saturday 4 April 2009**

PAIRS, FREE, ARTISTIC

John Nike Leisuresport Complex,  
John Nike Way, Bracknell, Berkshire.

# **Bracknell Adult Open Skating Competition 2009**

Classes do not necessarily conform to BACS or any generic criteria  
All Competitors must be at minimum of 21 years of age

**FREE SKATING – PAIRS - 2 CATEGORIES** Pair events consist of Free Skating only. Each pair must consist of a man and a lady.  
Only one pairs event can be entered.

Class 1	Elementary Pairs	The Bracknell Adult Pairs Trophy	The maximum time is 2:10 sec., but may be less	<p>Couples must perform a well-balanced program showing moves demonstrating quality edges, simple turns and footwork that must contain:</p> <p>A maximum of one (1) solo side by side jump. Only single jumps are permitted.</p> <p>A maximum of one (1) pair spin or dance spin in any position. The spin must have a minimum of two (2) revolutions. Change of foot or position is optional.</p> <p>A maximum of one (1) side by side solo spin. The spin must have a minimum of three (3) revolutions. Change of foot or position is optional. A maximum of two (2) step sequences, one (1) of which should be a midline step sequence utilising the full length of the ice surface. The other may be any pattern and may include spirals.</p> <p>The programme should include at least three (3) different dance/pair holds throughout. RECOGNISED PAIR/DANCE LIFTS ARE NOT ALLOWED.</p> <p>Death spirals, double jumps, throw jumps and flying spins are NOT permitted.</p>
Class 2	Intermediate Pairs	The Subway Novice Pairs Trophy	The maximum time is 2:10 sec., but may be less	<p>Couples must perform a well-balanced program that must contain:</p> <p>A maximum of two (2) lifts, with a maximum of one (1) rotation. Lifts may be small dance lifts or armpit lifts. Lifts with full extension of the lifting arm (ISU groups 2, 3, 4 and 5) are not permitted. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are <u>not</u> permitted.</p> <p>A maximum of one (1) solo side by side jump. Only single jumps are permitted.</p> <p>A maximum of one (1) pair spin. The spin must have a minimum of 4 revolutions. There must be a minimum of two (2) revolutions in each position or the position will not count.</p> <p>A maximum of one (1) solo spin or solo spin combination. The spin must have a required minimum number of revolutions: three (3) for the solo spin without change of foot and six (6) for the spin combination with change of foot.</p> <p>A maximum of one (1) pivot spiral (position optional). At least <math>\frac{3}{4}</math> revolutions in pivot position by the man is required.</p> <p>A maximum of one (1) step sequence (i.e., circular, straight line, serpentine) or spiral sequence. Only the first executed sequence (step or spiral sequence) will be considered.</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.</p> <p>Death spirals, double jumps, throw jumps and flying spins are NOT permitted.</p>

**FREE SKATING 4 Categories (Pre Bronze, Bronze, Silver and Masters) with 3 age Classes within Pre Bronze, Bronze and Silver – see below. Must have minimum of 3 competitors in class otherwise will be combined. The Gold/Masters category is any age.**

**Seniors Skaters 21 – 35 Masters Skaters aged 36 - 49 Classics Skaters aged 50 and above Ages as at closing date 4.4.09**

**CLASSES 3 - 12 – COMPETITORS MAY ONLY ENTER ONE CLASS WITHIN THIS SECTION**

<b>CLASS</b>	<b>CATEGORY</b>	<b>TITLE</b>	<b>STANDARD</b>	<b>REQUIREMENTS</b>
<b>Class 3</b>	<b>Pre Bronze Seniors</b>	<b>The Subway Beginners Trophy</b>	No Minimum Test Requirements but must not hold any of the following: Level 1 Elements Level 1 Free 'old Novice test'	<b>The maximum time is 1:40 secs, but may be less</b>  Skaters must perform a well balanced programme with linking steps, comprising only single jumps. No Axel Flip or Lutz jumps are permitted No combinations or sequences are permitted Max 2 basic position spins with no change of foot and no change of position
<b>Class 4</b>	<b>Pre Bronze Masters</b>	<b>The Subway Beginners Trophy</b>		
<b>Class 5</b>	<b>Pre Bronze Classics</b>	<b>The Subway Beginners Trophy</b>		
<b>CLASS</b>	<b>CATEGORY</b>	<b>TITLE</b>	<b>STANDARD</b>	<b>REQUIREMENTS</b>
<b>Class 6</b>	<b>Bronze Seniors</b>	<b>The Desert Rose Trophy</b>		<b>The maximum time is 1.40 secs but may be less.</b>  A competitor in the Adult Bronze Free Skating event must perform a well-balanced program that must contain:  a) A maximum of four (4) jump elements. Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included. A jump combination may consist of the same or another single jump. There may be up to three (3) jump combinations or jump sequences in the Free Program. One (1) jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps. A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single jumps. b) A maximum of two (2) spins with a different abbreviation; The spins must have a required minimum number of revolutions: three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (8) for the spin combination with change of foot. Flying spins are not permitted. There must be a minimum of two (2) revolutions in each position or the position will not be counted. c) A maximum of one (1) step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a serpentine, half of a straight line etc.) In the case of a circular step sequence a full circle is required covering ½ the ice surface.
<b>Class 7</b>	<b>Bronze Masters</b>	<b>The Hyacinth Cup</b>	<b>No minimum standard or maximum standard</b>	
<b>Class 8</b>	<b>Bronze Classics</b>	<b>The Jasmine Cup</b>		Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.

CLASS	CATEGORY	TITLE	STANDARD	REQUIREMENTS
Class 9	Silver Seniors	The Brighton Trophy		<p>The maximum time is 2:10 sec., but may be less.</p> <p>A competitor in the Adult Silver Free Skating event must perform a well-balanced program that may contain:</p> <p>a) A maximum of five (5) jump elements; The Single Axel and only all other single jumps are permitted.</p> <p>A jump combination may consist of the same or another single jump. There may be up to three (3) jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.</p> <p>A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.</p> <p>Non-listed jumps may be included in the program as part of connecting footwork, preceding single or an axel type jump.</p> <p>b) A maximum of three (3) spins, one of which must be a spin combination with a change of foot.</p> <p>The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (8) for the spin combination with change of foot.</p> <p>There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p> <p>c) A maximum of one (1) step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a serpentine, half of a straight line etc.) In the case of a circular step sequence a full circle is required covering ½ the ice surface.</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as <b>such</b>.</p> <p>NOTE competitors must be of the correct age, see rules</p>
Class 10	Silver Masters	The LB Trophy	No minimum standard or maximum standard	
Class 11	Silver Classics	The Syers Trophy		

CLASS	CATEGORY	TITLE	STANDARD	REQUIREMENTS
Class 12	Open Standard aged 21 and over Gold/Masters	TBA	<p style="text-align: center;"><b>No minimum standard or maximum standard</b></p>	<p><b>The maximum time is 3:10 secs, but may be less</b></p> <p>A competitor in the Adult Masters Free Skating event must perform a well-balanced program that may contain:</p> <p>a) A maximum of seven (7) jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted.</p> <p>A jump combination may consist of the same or another single, double or triple jump. There may be up to three (3) jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.</p> <p>A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, half-loops etc. immediately following each other while maintaining the jump rhythm (knee); there can be no turns/steps, crossovers or stroking during the sequence.</p> <p>Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.</p> <p>Non-listed jumps may be included in the program as part of connecting footwork.</p> <p>b) A maximum of three (3) spins of a different abbreviation, one of which must be a spin combination with a change of foot and one must be a flying spin.</p> <p>The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (8) for the spin combination with change of foot.</p> <p>There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p> <p>c) A maximum of one (1) step sequence (i.e., circular, straight line, serpentine) or spiral sequence with a pattern according to the requirements.</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.</p>

CLASS	CATEGORY	TITLE	STANDARD	REQUIREMENTS
Class 13	Artistic Level 1 & under,	The Lister Trophy	No minimum standard  Must not hold any of the following Level 2 Elements Level 2 Free	<b>2 Minute programme +/-5 secs</b>  Vocal music and small props are allowed For judging categories, see rules. Rules: No fireworks (or similar) are allowed Small props mean that each prop should be brought onto the ice by a single skater. No intervention by a 3 <sup>rd</sup> party (not on the ice) such as remote control or throwing on of props Timing – only 30 secs max allowed between the skater's name being called and the music starting.
Class 14	Artistic Level 2 and over,	The Belgrove Trophy	Level 2 Elements or Free No Maximum Standard	<b>2 minute programme +/- 5 secs</b>  Vocal music and small props are allowed For judging categories, see rules. Rules as for class 16
Class 15	Small Group Artistic 2-7 skaters	The Lycett Trophy	Any standard	<b>2 to 2 and a half minutes</b>  Vocal music and small props are allowed. Groups may comprise 2 to 7 skaters For judging categories, see rules. Rules as for class 16

Classes do not necessarily conform to BACS or any generic criteria.  
All Competitors must be at minimum of 21 years of age

**BRACKNELL 2009 ADULT OPENS, PAIRS, FREE SKATING, ARTISTIC CLASSES  
GENERAL NOTES**

**CLOSING DATE FOR ENTRIES Saturday 4 April 2009**

**The competitions will be held on MONDAY 27 April 2009 at Bracknell Ice Rink**

**Technical Requirements**

All technical requirements are listed as new national tests with the exception of Field Moves. Please see NISA website or charts below for equivalencies. Please note that a skater who holds the old novice test, is considered to have passed level 1 free.

**Rules**

The competitions will be held under NISA regulations and are open to eligible members as defined by NISA.

**The Committee of Bracknell Ice Skating Club reserve the right to refuse entry without reason or to cancel a competition or combine classes because of insufficient entries.**

**ONLY WRITTEN APPLICATIONS WILL BE ACCEPTED** Photocopies of entry forms will be accepted.

Entries will not be accepted unless all new national test levels with dates of test passes have been properly completed. For tests taken under the old structure, please see the tables of equivalences listed below.

Test standards are as at closing date. Ages are at closing date 4 April 2009.

Entries will be limited determined by the time available and a reserve list will operate up until the draw.

The draw for competitions will take place at Bracknell Ice Rink, at a time and date to be notified later.

Music on compact disc (with an additional copy) only will be accepted. **THESE SHOULD BE CLEARLY MARKED** with name, address and competition and handed in at the club reception table on arrival, there should be just one track recorded.

Entry fees will not be refunded for withdrawals after the closing date.

Trophies must be signed for and held at the winner's risk. They must be returned in good condition to the Trophy Secretary, Bracknell Ice Skating Club by the 27 April 2009 or on request.

Flash photography will not be permitted during warm-ups or competitions, either on the ice or at the rink side.

Video photography is allowed with the prior permission of the skaters concerned.

**Age levels for free skaters are as follows**

Seniors	Skaters 21 – 35
Masters	Skaters aged 36 – 49
Classics	Skaters aged 50 and above

**Artistic classes – classes 13, 14, 15 – Judging is as follows:**

**There will be five judges each marking an individual section**

**Judge 1 Technical Merit**

**Judge 2 Artistic Impression**

**Judge 3 Musical Interpretation**

**Judge 4 Choreography**

**Judge 5 Costume/Props Note that this mark is for the use of the costume and props, not for the costumes and props in themselves.**

Each judge will also give a second mark for Entertainment value. Both sets of marks per judge will be added with the highest overall score being the winner. In the event of a tie, the Entertainment Value mark will be used as the tiebreaker.

**Entry fees**

**Solo skaters' competitions 3 to 12 (Free), Classes 13 and 14 (Artistic), ALL - £20.00**

**Class 1 and 2 couples and pairs - £25.00**

**Class 15 (small group artistic) - £6.00 per skater (minimum £24) – for these classes each skaters name must be given with their NISA Membership Number and should be submitted on a separate sheet to accompany the entry form. Please do collect NISA numbers before sending in entries – each year, much time is wasted in chasing these!**

**Entries accompanied by a cheque that bounces will not be accepted until the entry fee is paid in cash together with an excess of £10 to cover charges which may be incurred.**

**Cheques should be made payable to BRACKNELL ICE SKATING CLUB, with the name and competition number on the back of the cheque.**



Please post entries to Nicki Torrington 15 Boltons Lane, Binfield, Berkshire RG42 4UA  
Telephone 01344 424744 There is an answerphone available.

Please include your email address as entries will only be acknowledged by email on day of receipt and any further correspondence will be by email. If you do not hear from Nicki Torrington by the closing date you must call her as LATE ENTRIES WILL NOT BE ACCEPTED. The competitors' list and pre draw timetable will be posted on the BISC Website only.

Please ensure your envelopes have the correct postage - LATE ENTRIES WILL NOT BE ACCEPTED and we will not pick up post from the post office so please do not send entries by registered or recorded post.

Email [freecompetitions@bracknell-ice-skating-club.co.uk](mailto:freecompetitions@bracknell-ice-skating-club.co.uk)

CLASSES 1 & 2 PAIRS MAY ONLY ENTER EITHER CLASS 1 OR 2  
CLASSES 6 - 12 COMPETITORS MAY ONLY ENTER ONE CLASS WITHIN THIS SECTION

Table of Test equivalences, for Free

Old test system figure tests	New test system
elements or free programme	elements or free programme
Novice elements and free	level 1 elements and free
Preliminary elements and free	Level 2 elements and free
no equivalent	Level 3 elements and free
inter-bronze elements and free	Level 4 elements and free
no equivalent	Level 5 elements and free
bronze elements and free	Level 6 elements and free
no equivalent	Level 7 elements and free
inter-silver elements and free	Level 8 elements and free
silver elements and free	Level 9 elements and free
inter-gold or higher elements and free	Level 10 elements and free