

# **Bracknell Adult Open Skating Competition 2009**

**You must be a member of NISA**

**Monday 27 April 2009**

**Closing date Saturday 4 April 2009**

**SOLO COMPULSORY AND FREE DANCE,  
COUPLES COMPULSORY AND FREE DANCE**

**John Nike Leisuresport Complex,  
John Nike Way, Bracknell, Berkshire.**

# **Bracknell Adult Open Skating Competition 2009**

**Classes do not necessarily conform to BACS or any generic criteria  
All Competitors must be at minimum of 21 years of age**

## SOLO DANCE

Minimum age 21 years and no standard limits 3 Categories (Bronze, Silver and Gold)

2 Separate sections within each category: Compulsory Dance & Free Dance

NB: In case of ties in the Compulsory Dance the second dance will decide the outcome.

Skaters may enter either Bronze, Silver or Gold categories for the CD and/or Free but can only enter one compulsory dance and one level free dance overall. Skaters will be expected to enter the Category they consider appropriate to their current standard.

CLASS	LEVEL	CATEGORY	REQUIREMENTS/NOTES
CLASS D1	<b>BRONZE</b>	<b>CD</b>	Dutch Waltz 2 sequences Canasta Tango 2 sequences
CLASS D2	<b>BRONZE</b>	<b>FREE</b>	<b>1 min 35 secs max but may be less</b> a) Minimum one and maximum two spins, with a minimum of 3 revs on 1 foot. b) Minimum of one step sequence of any type
CLASS D3	<b>SILVER</b>	<b>CD</b>	14 Step 4 sequences Willow Waltz ( 2 sequences)
CLASS D4	<b>SILVER</b>	<b>FREE</b>	<b>1 min 35 secs max but may be less</b> a) Minimum one and maximum two spins, with a minimum of 3 revs on 1 foot. b) Minimum of one step sequence of any type
CLASS D5	<b>GOLD</b>	<b>CD</b>	Starlight Waltz 2 sequences Paso Doble 3 Sequences
CLASS D6	<b>GOLD</b>	<b>FREE</b>	<b>2 mins 35 secs max but may be less</b> a) Minimum one and maximum two spins, with a minimum of 3 revs on 1 foot. b) Minimum of one step sequence of any type

### General for Solo Dance Events

**1 Step Sequence** – Jumps, Spins, Stops and Pirouettes are not permitted during the step sequence

**2 Music** – Vocals permitted in Free Dance, ISU Rule 509 applies. Only CDs are acceptable.  
**COUPLES DANCE**

**Minimum age 21 years and no standard limits.** 4 Categories (Pre Bronze, Bronze, Silver and Gold). 2 separate sections within each category with the exception of Bronze and Silver which have the same Free Dance.

**Pre-Bronze, Bronze, Silver and Gold Compulsory Dance**  
**Pre-Bronze Bronze/Silver and Gold Free Dance**

Couples may enter only 1 category (ie Pre Bronze, Bronze, Silver or Gold). Couples are free to choose how many sections they enter within the category. Skaters will be expected to enter the Category they consider appropriate to their current standard.

NB: In the case of ties in the Compulsory Dance - the second dance will decide the outcome.

<b>CLASS</b>	<b>LEVEL</b>	<b>CATEGORY</b>	<b>REQUIREMENTS/NOTES</b>
CLASS D7	<b>PRE BRONZE</b>	<b>CD</b>	Rhythm blues 2 sequences <u>Golden skaters waltz 2 sequences</u>
CLASS D8	<b>PRE BRONZE</b>	<b>FREE</b>	<b>2 min 40 secs but may be less</b> a) A maximum of one dance spin, with optional position, consisting of at least three rotations on 1 foot for each partner. A simple spin with no change of foot or a combination spin with a change of foot are permitted. b) A minimum of one and maximum of two lifts. c) A maximum of one step sequence of any type.
CLASS D9	<b>BRONZE</b>	<b>CD</b>	14 step - 4 sequences <u>European Waltz - 2 sequences</u>
CLASS D12	<b>SILVER</b>	<b>CD</b>	Paso Doble - 3 sequences <u>Blues - 3 sequences</u>

CLASS D13	BRONZE	OD	<p><b>2min 40 secs max but may be less (The preferred programme length is 2min 30 secs)</b>  The rhythm is "Rhythms and dances of the 1920s, 1930s or 1940s  Details on rhythms are described in the ISU "Ice Dance Music Rhythms Booklet and Compact Disc"  <b><u>THE RULES GOVERNING THIS PROGRAMME WILL BE AS PER ISU COMMUNICATIONS 1496 AND 1522</u></b></p> <p><b><u>Required Elements</u></b> (All Required Elements should enhance and reflect the rhythm and music chosen)  1. <b>2 different types of dance lifts</b>, but no more (up to 6 seconds each)  NOTE: The first performed lift <b>only</b> will be identified and considered in determining the level of difficulty. The second lift will be considered by the judges in marking the choreography.</p> <p>2. <b>1 Spin</b>, but no more (Combination spin is <b>NOT</b> permitted). <b>Combined dance Spin and Lift is permitted.</b> If included, they are to be counted as separate elements: i.e. as one of the permitted lifts and one dance spin.</p> <p><b>3. Step Sequences:</b></p> <ul style="list-style-type: none"> <li>• <b>1 Step Sequence in hold selected from:</b> <ul style="list-style-type: none"> <li>• <b>Diagonal:</b> skated as fully corner to corner as possible <b>OR</b></li> <li>• <b>Circular (clockwise or anticlockwise):</b> utilizing the full width of the ice surface on the short axis of the rink.</li> </ul> </li> <li>• <b>1 Midline Not Touching Step Sequence NOT incorporating the Sequential Twizzles:</b></li> </ul> <p><b>4. 1 Set of Sequential Twizzles</b></p>
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CLASS D14	<b>BRONZE/SILVER</b>	<b>FREE</b>	<p><b>2 min 40 secs but may be less</b></p> <p>a) A maximum of one dance spin, with optional position, consisting of at least three rotations on 1 foot for each partner. A simple spin with no change of foot or a combination spin with a change of foot are permitted.</p> <p>b) A minimum of one and maximum of two lifts.</p> <p>c) A maximum of one straight line step sequence in hold.</p>
CLASS D15	<b>GOLD</b>	<b>CD</b>	<p>Quick Step - 4 sequences</p> <p><u>Argentine Tango - 2 sequences</u></p>
CLASS D16	<b>GOLD</b>	<b>FREE</b>	<p><b>3 min 10 secs but may be less</b></p> <p>a) A maximum of two dance spins, with optional position, consisting of at least three rotations on 1 foot for each partner. A simple spin with no change of foot or a combination spin with a change of foot are permitted.</p> <p>b) A minimum of one and maximum of Three Lifts. If more than 1 lift is performed in the programme, one must be a long lift (max 12 secs).</p> <p>c) A maximum of two step sequences in hold, one of which must be curved and the other straight line.</p>

**General for Couples Dance Events**

- 3 Step Sequence** – Jumps, Spins, Stops and Pirouettes are not permitted during the step sequence
- 4 Music** – Vocals permitted in Free Dance, ISU Rule 509 applies. Only CDs are acceptable.

**THE RULES FOR LIFTS, STEPS AND SPINS FOR BOTH SOLO DANCE AND COUPLES DANCE WILL BE AS PER ISU COMMUNICATIONS 1496 AND1522. THESE COMMUNICATIONS WILL ALSO APPLY FOR ILLEGAL ELEMENTS ETC.**

# BRACKNELL 2009 ADULT OPENS, SOLO DANCE, COUPLES DANCE, COMPULSORY AND FREE DANCE GENERAL NOTES CLOSING DATE FOR ENTRIES Saturday 4 April 2009

The competitions will be held on Monday 27 April 2009 at Bracknell Ice Rink

1. **Technical Requirements**
  - All technical requirements are listed as new national tests with the exception of Field Moves. Please see NISA website or charts below for equivalencies.
2. **Rules**
  - The competitions will be held under NISA regulations and are open to eligible members as defined by NISA
  - The Committee of Bracknell Ice Skating Club reserves the right to refuse entry without reason or to cancel a competition or combine classes because of insufficient entries.
  - ONLY WRITTEN APPLICATIONS WILL BE ACCEPTED Photocopies of entry forms will be accepted.
  - Entries will not be accepted unless **ALL NEW National levels** with dates of test passes have been properly completed. For dance tests taken under the old structure, please see the tables of equivalences listed below.
  - Test standards and ages are as at closing date.
  - Entries will be limited determined by the time available and a reserve list will operate up until the draw.
  - The draw for competitions will take place at a venue, date and time to be confirmed later.
  - Music on compact disc only (with an additional copy) will be accepted. **THESE SHOULD BE CLEARLY MARKED** with name, address and competition and handed in at the club reception table on arrival. There should be just one track recorded.
  - Dances underlined will be the tiebreakers.
  - Entry fees will not be refunded for withdrawals after the closing date.
  - Trophies must be signed for and held at the winner's risk. They must be returned in good condition to the Trophy Secretary, Bracknell Ice Skating Club by the 27 April 2009 or on request.
  - For the dance classes, skaters must be 21 years old at closing date 4 April 2009.
  - Flash photography will not be permitted during warm-ups or competitions, either on the ice or at the rink side.
  - Video photography is allowed with the prior permission of the skaters concerned.
  - **Free Dance** – should include interpretive steps, hops and jumps of no more than half a revolution. Emphasis to be placed on footwork which could incorporate movements selected freely from Dance Moves. Whilst there are no restrictions on the number of half revolution jumps, skaters may also include one jump of no more than one revolution. The mark for presentation determines ties. Step sequence – jumps, spins, stops and pirouettes are not permitted during the step sequence.
  - **Step Sequences** – jumps, spins, stops and pirouettes are not permitted during the step sequence.
  - **Music** – Vocals are permitted in Free Dance – ISU Rule 509 applies.

### Entry fees

3.
  - **Solo Dance Classes - £20.00**
  - **Couples Dance - £25.00**
  - Please forward a **separate cheque and entry form for each competition** entered. Entries accompanied by a cheque that bounces will not be accepted until the entry fee is paid in cash together with an excess of £10 to cover charges which may be incurred.
  - Cheques should be made payable to **BRACKNELL ICE SKATING CLUB**, with the name and competition number on the back of the cheque.
  - **Please post entries Nicki Torrington 15 Boltons Lane, Binfield, Berkshire RG42 4UA**
  - **Telephone 01344 424744. There is an answerphone available.**
  - **Email [dancecompetitions@bracknell-ice-skating-club.co.uk](mailto:dancecompetitions@bracknell-ice-skating-club.co.uk)**
  - Please include your email address as entries will only be acknowledged by email on day of receipt and any further correspondence will be by email. If you do not hear from Nicki Torrington by the closing date you must call her as LATE ENTRIES WILL NOT BE ACCEPTED. The competitors' list and pre draw timetable will be posted on the BISC Website only.
  - Please ensure your envelopes have the correct postage - LATE ENTRIES WILL NOT BE ACCEPTED – we will not collect post from the post office so please do not send entries registered or recorded.

Table of Test equivalences, for Dance

Tests passed up to 1998	Tests passed/credited 1998-2002	Tests passed/credited from 2002
No equivalent	Novice 1	Level 1
No equivalent	Novice 2	Level 2
Novice	Elementary 1	Level 3
No equivalent	Elementary 2	Level 4
Preliminary	Inter Bronze	Level 5
No equivalent	Bronze	Level 6
Bronze	Inter Silver	Level 7
Inter Silver	Silver 1	Level 8(A)
	Silver 2	Level 8(B)
Silver	Inter Gold 1	Level 9(A)
	Inter Gold 2	Level 9(B)
Inter Gold	Gold 1	Level 10(A)
	Gold 2	Level 10(B)
Gold	Gold Star	Gold Star