



BRACKNELL ICE SKATING CLUB

FIELD MOVES COMPETITION

Tuesday 24th February 2009

5.00 - 6.30 pm

RULES

All entrants must be members of Bracknell Ice Skating Club and coached at Bracknell Ice Rink in order to enter club competitions.

The competition is open to all members aged 21 and under and may be further sub-divided by age

The closing date for entries is 9 a.m. Saturday 14th February 2009, the draw will be on Tuesday 17th February in the café

The NISA standard applicable is as at 30 January 2009, only field moves tests will be taken into consideration. Skaters may skate up one level if they wish to do so and indicate this clearly on the entry form.

Maximum standards also include equivalents* and equivalent dance moves

Classes may be cancelled or combined if there are too few entries or an extra night of competition scheduled if there are too many entries

THE FIELD MOVES TROPHY WILL BE PRESENTED TO THE SKATER WHO MOST IMPRESSES THE JUDGES OVERALL

Class	Criteria	Elements
1	Skaters must not have passed Level 1 field moves test	Level 1 exercise 2: Backward outside edge in a sustained position Level 1 exercise 3: Forward and backward crosscuts in a figure of eight pattern
2	Skaters must not have passed Level 2 field moves test	Level 2 exercise 2: Perimeter skating - cross rolls Level 2 exercise 4: Forward inside open mohawk exercises
3	Skaters must not have passed Level 3 field moves test	Level 3 exercise 1: Forward perimeter change of edges Level 3 exercise 2: Forward and backward three turns
4	Skaters must not have passed Level 4 field moves test	Level 4 exercise 2: Forward outside closed mohawk sequence Level 4 exercise 4: Backward stroking with extended positions
5	Skaters must not have passed Level 5 field moves test	Level 5 exercise 2: Forwards and backwards one foot slalom Level 5 exercise 4: Open choctaw exercise
6	Skaters must not have passed Level 6 field moves	Level 6 exercise 2: Perimeter skating - inside rockers Level 6 exercise 4: Perimeter skating - forward brackets
7	Skaters must not have passed Level 7 field moves	Level 7 exercise 2: Backward rocker and choctaw Level 7 exercise 4: Back inside brackets
8	Skaters must have passed Level 7 field moves	Mystery field moves no. 1 and no. 2 These will be two separate field move variations demonstrated during the competition by a coach & be suitable for anyone with skills gained from inter silver or level 7 + field moves

* Equivalents: Novice - Level 1, Prelim - Level 2, Inter Bronze - Level 4, Bronze - Level 6, Inter Silver - Level 8

The entry fee is £4 per class (cheque is preferred). Entry forms are available in the Club folder or can be downloaded from the BISC website: <http://www.bracknell-ice-skating-club.co.uk/competitions/ice-skating.htm>

Please put completed entry forms and fees in an envelope marked "field moves competition" in the club folder at reception in the section marked competition secretaries. Please direct any queries to: competitions@bracknell-ice-skating-club.co.uk. No verbal or late entries will be accepted.