

You must be a member of NISA

# Thursday 26th JUNE 2008

(closing date Saturday 14<sup>th</sup> June 2008)

PAIRS, FREE, ARTISTIC  
IMPROVISATION, INTERPRETATIVE  
SHOW NUMBER

John Nike Leisuresport Complex,  
John Nike Way, Bracknell, Berkshire.

## Bracknell Adult Open Skating Competition 2008

**Please note that classes 1 & 2 and 9-15 only are designed to be compatible with NISA BAC/ISU guidelines for adult skating – indicated as such by \***  
**All other classes do not necessarily conform to BACS or any generic criteria**  
**All Competitors must be at minimum of 18 years of age**

*Class 1	Elementary Pairs	The Bracknell Adult Pairs Trophy	The maximum time is 2:10 sec., but may be less	<p>Couples must perform a well-balanced program showing moves demonstrating quality edges, simple turns and footwork that must contain:</p> <p>A maximum of one (1) solo side by side jump. Only single jumps are permitted. A maximum of one (1) pair spin or dance spin in any position. The spin must have a minimum of two (2) revolutions. Change of foot or position is optional.</p> <p>A maximum of one (1) side by side solo spin. The spin must have a minimum of three (3) revolutions. Change of foot or position is optional. A maximum of two (2) step sequences, one (1) of which should be a midline step sequence utilising the full length of the ice surface. The other may be any pattern and may include spirals.</p> <p>The programme should include at least three (3) different dance/pair holds throughout. RECOGNISED PAIR/DANCE LIFTS ARE NOT ALLOWED. <b>PAIRS MAY ONLY ENTER EITHER CLASS 1 OR 2</b></p>
*Class 2	Intermediate Pairs	The Subway Novice Pairs Trophy	The maximum time is 2:10 sec., but may be less	<p>Couples must perform a well-balanced program that must contain:</p> <p>A maximum of two (2) lifts, with a maximum of one (1) rotation. Lifts may be small dance lifts or armpit lifts. Lifts with full extension of the lifting arm (ISU groups 2, 3, 4 and 5) are <b>not</b> permitted. Variations of the lady's position, no-handed and one-handed lifts, and combination lifts are <b>not</b> permitted.</p> <p>A maximum of one (1) solo side by side jump. Only single jumps are permitted. A maximum of one (1) pair spin. The spin must have a minimum of 4 revolutions. There must be a minimum of two (2) revolutions in each position or the position will not count. A maximum of one (1) solo spin or solo spin combination. The spin must have a required minimum number of revolutions: three (3) for the solo spin without change of foot and six (6) for the spin combination with change of foot. A maximum of one (1) pivot spiral (position optional). At least <math>\frac{3}{4}</math> revolution in pivot position by the man is required. A maximum of one (1) step sequence (i.e., circular, straight line, serpentine) or spiral sequence. Only the first executed sequence (step or spiral sequence) will be considered.</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the-field (transitions) and marked as such. Death spirals, double jumps, throw jumps and flying spins are NOT permitted. <b>PAIRS MAY ONLY ENTER EITHER CLASS 1 OR 2</b></p>

Class 3	Under level 1 Seniors	The Subway Beginners Trophy <b>Seniors</b>	No Minimum Test Requirements but must not hold any of the following: <ul style="list-style-type: none"> <li>▪ Level 1 Elements</li> <li>▪ Level 1 Free</li> <li>▪ 'old Novice test'</li> </ul>	1 ½ Minutes +/- 5 secs	Skaters must perform a well balanced programme with linking steps, comprising only single jumps. No Axel flip or lutz jumps are permitted No combinations or sequences are permitted Max 2 basic position spins with no change of foot and no change of position NOTE competitors must be of the correct age, see rules
Class 4	Under level 1 Masters	The Subway Beginners Trophy <b>Masters</b>			
Class 5	Under level 1 Classics	The Subway Beginners Trophy <b>Classics</b>			
Class 6	Level 1 Seniors	The Ringwould Trophy <b>Seniors</b>	No Minimum Test Requirements but must not hold any of the following: <ul style="list-style-type: none"> <li>▪ Level 2 Elements</li> <li>▪ Level 2 Free</li> </ul>	1½ Minutes +/- 5 secs	Skaters must perform a well balanced programme with linking steps, comprising only single jumps. No Axel or lutz jumps are permitted Only one jump combination or sequence is permitted. Max 2 basic position spins with no change of foot and no change of position One step sequence <b>must</b> be included NOTE competitors must be of the correct age, see rules
Class 7	Level 1 Masters	The Regis Cup <b>Masters</b>			
Class 8	Level 1 Classics	The Shakespeare Trophy <b>Classics</b>			

Class 9*	Bronze Seniors	The Desert Rose Trophy	No minimum standard or maximum standard	The maximum time is 1:40 sec., but may be less.	<p>A A competitor in this Adult Bronze event must perform a well-balanced program that must contain:</p> <p>A maximum of four (4) jump elements. Only single jumps are permitted, no Axel type jump, no double or triple jumps can be included.</p> <p>A jump combination may consist of the same or another single jump. There may be up to three (3) jump combinations or jump sequences in the Free Program. One (1) jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.</p> <p>A jump sequence may consist of any number of single jumps that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps or turns, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count.</p> <p>Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.</p> <p>Non-listed jumps may be included in the program as part of connecting footwork, preceding single or an axel type jump.</p> <p>A maximum of two (2) spins of different abbreviation.</p> <p>The spins must have a required minimum number of revolutions: three (3) for the</p>
Class 10*	Bronze Masters	The Hyacinth Cup			

Class 11*	Bronze Classics	The Jasmine Cup			<p>spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (8) for the spin combination with change of foot. <b>Flying spins are not permitted.</b></p> <p>There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p> <p>A maximum of one (1) step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a circle, half a serpentine, half a straight line etc) In the case of a circular step sequence a full circle is required covering half the ice surface.</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.</p> <p>NOTE competitors must be of the correct age, see rules</p> <p><b>CLASSES 9 - 15 – COMPETITORS MAY ONLY ENTER ONE CLASS WITHIN THIS SECTION</b></p>
Class 12*	Silver Seniors	THE BRIGHTON TROPHY <b>Seniors</b>		The maximum time is 2:10 sec., but may be less.	<p>A competitor in this Adult Silver event must perform a well-balanced program that may contain:</p> <p>A maximum of five (5) jump elements; The single Axel or any other single axel type jump and <b>all other single jumps are permitted.</b></p> <p>A jump combination may consist of the same or another single jump. There may be up to three (3) jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.</p> <p>A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, half-loops etc. and/or hops immediately following each other while maintaining the jump rhythm (knee); there can be no steps or turns, crossovers or stroking during the</p>

Class 13*	Silver Masters	THE LB TROPHY <b>Masters</b>	No minimum standard or maximum standard	<p>sequence. However, only the two jumps with the highest value will count. Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence. Non-listed jumps may be included in the program as part of connecting footwork, preceding single or axel type jump.</p> <p>A maximum of three (3) spins of different abbreviation one of which must be a spin combination with a change of foot. The spins must have a required minimum number of revolutions: three (3) for the flying spin with no change of foot after landing, three (3) for the spin with only one position and no change of foot and four (4) for the spin combination with no change of foot and eight (8) for the spin combination with change of foot. There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p> <p>A maximum of one (1) step sequence (i.e., circular, straight line, serpentine) or spiral sequence covering at least 50% of the usual pattern (e.g. half a circle, half a serpentine, half a straight line etc) In the case of a circular step sequence a full circle is required covering half the ice surface.</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.</p> <p>NOTE competitors must be of the correct age, see rules</p> <p><b>CLASSES 9 - 15 – COMPETITORS MAY ONLY ENTER ONE CLASS WITHIN THIS SECTION</b></p>
Class 14* Thursday	Silver Classics	THE SYERS TROPHY <b>Classics</b>		

Class 15* Thursday	Open Standard aged 18 and over (Masters)	The Subway Trophy 18 years & over	No minimum standard or maximum standard	<b>The maximum time is 3:10 secs, but may be less.</b>	<p>A competitor in the Adult Masters Free Skating event must perform a well-balanced program that may contain:</p> <p>A maximum of seven (7) jump elements, one of which must be an Axel type jump. Single, double and triple jumps are permitted.</p> <p>A jump combination may consist of the same or another single, double or triple jump. There may be up to three (3) jump combinations or jump sequences in the Free Program. One jump combination could consist of up to three (3) listed jumps, the other two up to two (2) listed jumps.</p> <p>A jump sequence may consist of any number of jumps of any number of revolutions that may be linked by non-listed jumps like mazurkas, half-loops etc. immediately following each other while maintaining the jump rhythm (knee); there can be no steps or turns, crossovers or stroking during the sequence. However, only the two jumps with the highest value will count.</p> <p>Any solo jump can be repeated only once and this repetition must be done either in a jump combination or in a jump sequence.</p> <p>Non-listed jumps may be included in the program as part of connecting footwork.</p> <p>A maximum of three (3) spins of different abbreviation one of which must be a spin combination with a change of foot and one must be a flying spin.</p> <p>The spins must have a required minimum number of revolutions: five (5) for the flying spin with no change of foot after landing, five (5) for the spin with only one position and no change of foot and five (5) for the spin combination with no change of foot and eight (8) for the spin combination with change of foot.</p> <p>There must be a minimum of two (2) revolutions in each position or the position will not be counted.</p> <p>A maximum of one (1) step sequence (i.e., circular, straight line, serpentine) or spiral sequence with a pattern according to the requirements.</p> <p>Additional spiral sequences and step sequences will not be counted as a step sequence but will be counted as moves-in-the field (transitions) and marked as such.</p> <p><b>CLASSES 9 - 15 – COMPETITORS MAY ONLY ENTER ONE CLASS WITHIN THIS SECTION</b></p>
-----------------------	--	--	--	--	---

Class 16	Artistic Level 1 & under,	The Lister Trophy	No minimum standard	Must not hold any of the following <ul style="list-style-type: none"> <li>▪ Level 2 Elements</li> <li>▪ Level 2 Free</li> </ul>	2 minute programme +/- 5 secs	Vocal music and small props are allowed For judging categories, see rules. Rules: No fireworks (or similar) are allowed Small props means that each prop should be brought onto the ice by a single skater. No intervention by a 3 <sup>rd</sup> party (not on the ice) such as remote control or throwing on of props Timing – only 30 secs max allowed between the skater’s name being called and the music starting.
Class 17	Artistic Level 2 and over,	The Belgrove Trophy	Level 2 Elements or Free	No Maximum Standard	2 minute programme +/- 5 secs	Vocal music and small props are allowed For judging categories, see rules. Rules as for class 16
Class 18	Two skaters - Artistic	The Redman Trophy	Any standard	Any standard	2 to 2 and a half minutes.	Vocal music and small props are allowed. Exactly 2 skaters, but notice that this is not a pairs class, so can be two ladies, two men, or one of each. For judging categories, see rules. Rules as for class 16
Class 19	Small Group Artistic	The Lycett Trophy	Any standard	Any standard	2 to 2 and a half minutes.	Vocal music and small props are allowed. Groups may comprise 3 to 7 skaters For judging categories, see rules. Rules as for class 16



Class 20	Improvisation under level 2	The Ascot Cup	No minimum standard	Must not hold any of the following: <ul style="list-style-type: none"> <li>• Level 2 Elements</li> <li>• Level 2 Free</li> </ul>	1m 40 secs	The programme must only contain the following elements – <ul style="list-style-type: none"> <li>▪ one foot upright spin</li> <li>▪ one foot original spin</li> <li>▪ any one of – 3 jump, salchow and toe-loop,</li> <li>▪ sequences of connecting moves which must also include other free-skating moves, such as change of direction, spirals, Ina Bauers, spread eagle and flowing moves which use deep edges. The sequences must be skated using the whole ice surface.</li> </ul> For judging, see Rules.
Class 21	Improvisation level 2 and over	The Windsor Cup	Level 2 elements or Free	No Maximum Standard	1m 40 secs	The programme must only contain the following elements – <ul style="list-style-type: none"> <li>▪ one of camel spin, sit spin</li> <li>▪ any one of -lay back, original spin, combination spin with only one position change and no change of foot</li> <li>▪ one of – loop, flip, lutz</li> <li>▪ one combination jump (no axels or doubles permitted).</li> <li>▪ sequences of connecting moves which must also include other free skating moves, such as change of direction, spirals, Ina Bauers, spread eagle and flowing moves which use deep edges. The sequences must be skated using the full ice surface.</li> </ul> For judging, see Rules.
Class 22	Interpretive level 1 and under	The Sharp Trophy	No minimum standard	Must not hold any of the following: <ul style="list-style-type: none"> <li>• Level 2 Elements</li> <li>• Level 2 Free</li> </ul>	1½ Minutes +/- 5 secs	ISU regs 328 and 329 can be obtained from competition secretary on request. See Rules for abbreviated version.

Class 23	Interpretive level 2 and over	The Spencer Cup	Level 2 elements or Free	No Maximum Standard	2 minute programme +/- 5 secs	ISU regs 328 and 329 can be obtained from competition secretary on request. See Rules for abbreviated version.
Class 24	Show Number Any standard	The Berkeley Cup 18 Years and over	No minimum standard	No Maximum Standard	Between 3 and 4 minutes duration	Each team must comprise of between 8 – 30 skaters all of whom must be 18 years or over. Each prop must be able to be handled by 2 team skaters (no helpers) and must be in position within 30 seconds of being called onto the ice. A further 30 seconds will be permitted at the end of the programme to clear the ice. <b><i>PLEASE NOTE THAT THIS IS NOT INTENDED TO BE SUITABLE FOR A SYNCHRONISED SKATING NUMBER</i></b> For judging categories, see rules.

**Please note that classes 1 & 2 and 9-15 only are designed to be compatible with NISA BAC/ISU guidelines for adult skating – indicated as such by \***  
**All other classes do not necessarily conform to BACS or any generic criteria**  
**All Competitors must be at minimum of 18 years of age**

**Below is given the BACS equivalent class age criteria. Skaters aged between 18 and 21 may also enter Seniors at Bracknell but would not be permitted to enter the British Adult Championships**

Class I - SENIORS	skaters born between	July 1 <sup>st</sup> , 1971	June 30 <sup>th</sup> , 1986
Class II - MASTERS	skaters born between	July 1 <sup>st</sup> , 1951	June 30 <sup>th</sup> , 1971
Class III -CLASSICS	skaters born before	June 30 <sup>th</sup> , 1951	(no upper limit)

# BRACKNELL 2008 ADULT OPENS, PAIRS, FREE SKATING, ARTISTIC CLASSES, IMPROVISATION, INTERPRETIVE, SHOW NUMBER

## GENERAL NOTES CLOSING DATE FOR ENTRIES Saturday 14th June 2008

The competitions will be held on THURSDAY 26th JUNE FOR CLASSES 1 TO 24 at Bracknell Ice Rink

### 1. Technical Requirements

- All technical requirements are listed as new national tests with the exception of Field Moves. Please see NISA website or charts below for equivalencies.
- Please note that a skater who holds the old novice test, is considered to have passed level 1 free.

### 2. Rules

- The competitions will be held under NISA regulations and are open to eligible members as defined by NISA
- The Committee of Bracknell Ice Skating Club reserve the right to refuse entry without reason or to cancel a competition or combine classes because of insufficient entries.
- ONLY WRITTEN APPLICATIONS WILL BE ACCEPTED Photocopies of entry forms will be accepted.
- Entries will not be accepted unless **all new national test levels** with dates of test passes have been properly completed. For tests taken under the old structure, please see the tables of equivalences listed below.
- Test standards and ages are as at closing date.
- Entries will be limited determined by the time available and a reserve list will operate up until the draw.
- The draw for competitions will take place at Bracknell Ice Rink, at a time and date to be notified later.
- Music on mini disc or compact disc will be accepted. THESE SHOULD BE CLEARLY MARKED with name, address and competition and handed in at the club reception table on arrival. For any medium, there should be just one track recorded.
- Entry fees will not be refunded for withdrawals after the closing date.
- Trophies must be signed for and held at the winner's risk. They must be returned in good condition to the Trophy Secretary, Bracknell Ice Skating Club by the 1<sup>st</sup> June 2008 or on request.
- Flash photography will not be permitted during warm-ups or competitions, either on the ice or at the rink side.
- Video photography is allowed with the prior permission of the skaters concerned.
- Age levels for free skaters are as follows

Class I - SENIORS	skaters born between	July 1 <sup>st</sup> , 1971	June 30 <sup>th</sup> , 1986
Class II - MASTERS	skaters born between	July 1 <sup>st</sup> , 1951	June 30 <sup>th</sup> , 1971
Class III -CLASSICS	skaters born before	June 30 <sup>th</sup> , 1951	(no upper limit)

- **Artistic classes** – classes 16, 17, 18, 19, 24 – Judging is as follows:  
 There will be five judges each marking an individual section  
 Judge 1 Technical Merit  
 Judge 2 Artistic Impression  
 Judge 3 Musical Interpretation  
 Judge 4 Choreography  
 Judge 5 Costume/Props Note that this mark is for the use of the costume and props, not for the costumes and props in themselves.  
 Each judge will also give a second mark for Entertainment value. Both sets of marks per judge will be added with the highest overall score being the winner. In the event of a tie, the Entertainment Value mark will be used as the tiebreaker.
- **Improvisation classes** – classes 20 and 21  
 This category consists of a programme executed with only the elements listed in the schedule, all additional elements will be penalised. In the event of a fall, skaters will be allowed to insert that element a second time, and the second attempt will be the one that counts. Second mark has priority in the event of a tie, marking is based on the way the improvised routine interprets the music. The music chosen will be from a movie soundtrack (non-vocal). Dress code is sober and of a simple nature.  
 The music on which the skaters will improvise their programmes will be played approx one quarter of an hour before going on the ice. Listening time is approx 15 mins. Participants must then retire to the dressing rooms where they will no longer be able to hear the music or see other skaters on the ice. No contact with coaches is allowed during the listening and following period.
- **Interpretive classes** – classes 22 and 23  
 The interpretive free skating program consists of a variety of skating moves and elements selected for their value in enhancing the skaters interpretation of the music and artistry rather than for their technical difficulty. The choice of music is unrestricted. **Props that are held in the hand, worn on the head or attached to the costume are allowed.** Please see ISU rules 328 and 329 for more information on this.

### 3. **Entry fees**

- Solo Skaters Competitions 3 to 15 (free), Classes 16, 17 and 18 (Artistic), Classes 20 and 21 (improvisation) and Classes 22 and 23 (interpretive) ALL - £20.00
- Class 1 and 2 couples and pairs - £25.00
- Class 19 (small group artistic) and Class 24 (show number) - £6.00 per skater (minimum £24) – for these classes each skaters name must be given with their NISA Membership Number and should be submitted on a separate sheet to accompany the entry form. **Please do collect NISA numbers before sending in entries – each year, much time is wasted in chasing these!**

- . Entries accompanied by a cheque that bounces will not be accepted until the entry fee is paid in cash together with an excess of £10 to cover charges which may be incurred.
- Cheques should be made payable to **BRACKNELL ICE SKATING CLUB**, with the name and competition number on the back of the cheque.
- – Please post entries to **Laura Hetebrij, 12 Strand Way, Lower Earley, Reading RG6 4BU**
- **Telephone 0118 9750631 after 4pm and before 9.30pm. There is an answerphone available.**
- If you have advised your email address I will acknowledge by email on day of receipt therefore if you do not hear from me by the closing date you must call me as LATE ENTRIES WILL NOT BE ACCEPTED Please enclose two stamped addressed envelopes **ONLY** if you do not have access to email.
- Please ensure your envelopes have the correct postage - LATE ENTRIES WILL NOT BE ACCEPTED and we will not pick up post from the post office so please do not send entries by registered or recorded post
- email [freecompetitions@bracknell-ice-skating-club.co.uk](mailto:freecompetitions@bracknell-ice-skating-club.co.uk)

**Please note that classes 1 & 2 and 9-15 only are designed to be compatible with NISA BAC/ISU guidelines for Adult skating– indicated as such by \***

**All other classes do not necessarily conform to BACS or any generic criteria**

**CLASSES 1 & 2 PAIRS MAY ONLY ENTER EITHER CLASS 1 OR 2**

**CLASSES 9 - 15 COMPETITORS MAY ONLY ENTER ONE CLASS WITHIN THIS SECTION**

Table of Test equivalences, for Free

Old test system figure tests	New test system
elements or free programme	elements or free programme
Novice elements and free	level 1 elements and free
Preliminary elements and free	Level 2 elements and free
no equivalent	Level 3 elements and free
inter-bronze elements and free	Level 4 elements and free
no equivalent	Level 5 elements and free
bronze elements and free	Level 6 elements and free

no equivalent	Level 7 elements and free
inter-silver elements and free	Level 8 elements and free
silver elements and free	Level 9 elements and free
inter-gold or higher elements and free	Level 10 elements and free