



BISC DANCE COMPETITION (updated 14/2/08)

Tuesday 18 March 2008 at 5.00pm

CLASSES 1 AND 6: THURSDAY 13 MARCH 2008 AT 5.00PM

RULES:

- ✧ All entrants must be members of BISC and aged 25 or under.
- ✧ **Classes 1 and 6 are now closed; a reserve list is in operation. Limited entries are being taken for the remaining classes. This is determined by the time available and is strictly on a first come first served basis. Entries will only be accepted when the entry form is accompanied by the entry fee. Telephone or e-mail entries cannot be accepted.**
- ✧ **The draw for the order of skate for classes 1 and 6 and the draw for the compulsory dance to be skated for class 1 will take place on Tuesday 11 March at 5.00pm. The draw for the order of skate and compulsory dances to be skated for the remaining compulsory dance classes will take place on Sunday 16 March at 9.00am.**
- ✧ NISA standard is as at the closing date. The minimum test requirements listed below are recommended only.
- ✧ No maximum standards, except for classes 1 and 6, where entrants must not have passed level 2 CD, OD or FM.
- ✧ Depending on the time available, only one compulsory dance for Class 11 may be drawn.

Class no.	Description	Recommended minimum test	Details
1	Juvenile Compulsory Dance	No minimum requirement	Novice Foxtrot (2 sequences) OR Canasta Tango (2 sequences)
2	Novice Compulsory Dance	Level 2 CD, OD, FM	Dutch Waltz (2 sequences) OR Fiesta Tango (2 sequences)
3	Primary Compulsory Dance	Level 3 CD, OD, FM	Swing Dance (2 sequences) OR Foxtrot (2 sequences)
4	Junior Compulsory Dance	Level 5 CD, OD, FM	European Waltz (3 sequences) OR Rocker Foxtrot (3 sequences)
5	Intermediate Compulsory Dance	Level 7 CD, OD, FM	Blues (3 sequences) OR American Waltz (3 sequences)
6	Variation Dance	Level 1 CD, OD, FM	A variation dance to a Rhythm Blues 8-12 bars (2 sequences) as per the 2007 NISA Ice Dance Manual
7	Original Dance	Level 2 CD, OD, FM	Programme length 1.5 minutes +/- 5 seconds. Any tempo range
8	Original Dance	Level 5 CD, OD, FM	Programme length 2 minutes +/- 5 seconds. Any tempo range
9	Free Dance	Level 2 CD, OD, FM	Programme length 1.5 minutes +/- 5 seconds
10	Free Dance	Level 5 CD, OD, FM	Programme length 2 minutes +/- 5 seconds
11	Couples Compulsory Dance	Level 6 CD, OD, FM	Two of the following dances to be skated: American Waltz, Kilian, Tango (2 sequences of each)
12	Couples Free Dance	Level 6 CD, OD, FM	A free dance programme containing at least: <ul style="list-style-type: none"> ▪ One step sequence in dance hold ▪ One dance spin with a min 3 revs on one foot by both skaters ▪ One dance lift ▪ One set of twizzles

Abbreviations: CD = Compulsory Dance, OD = Original Dance, FM = Field Moves

The entry fee for classes 1 – 10 is £4 per class. For classes 11 and 12 the entry fee is £8 per couple. Entry forms are available from the club folder or can be downloaded from the BISC website. Please put completed entry forms and fees (cheque made payable to BISC) in the club folder. Please direct any queries to: competitions@bracknell-ice-skating-club.co.uk