



Held under NISA regulations and permit.

You must be a member of NISA

27th & 28th April 2010
(closing date Wednesday 7th April 2010)

John Nike Leisuresport Complex,
John Nike Way, Bracknell, Berkshire.

Bracknell Open Ice Dance Competitions.

Bracknell Open Ice Dance Competition

COMPETITION RULES

1. All competitors must be an eligible person as defined by the NISA of UK Ltd. **It is a requirement of this competition that all competitors and their coaches are members of NISA and must submit both their own and their coaches NISA membership number..**
2. The competitions will be held in accordance with the NISA of UK Ltd regulations and bye-laws - permits applied for as necessary.
3. **CLOSING DATE FOR ENTRIES WILL BE WEDNESDAY 7TH APRIL 2010.** Competitors to be of said standard and where applicable, age on closing date.
4. The competitions will be held on **Tuesday 27th April & Wednesday 28th April 2010** at Bracknell Ice Rink
5. Music MUST be on CD and must be clearly marked on both container and media with name, club and running time. Vocal music allowed unless otherwise stated.
6. In the event that too many competitors apply in any one class, the entries will be allocated on a first come first served basis. A Reserve list made up from the unsuccessful entries will operate under the order of skate draw as per N.I.S.A. ruling. All reserves will be notified of their position prior to the competition being held.
7. In the event of only one entry in a competition, the entrant(s) will be advised of having to skate to standard. In the event of less than three entries in a class the organising committee reserves the right to cancel that class completely,
8. The organising committee reserves the right to refuse any entry without reason assigned. Entries will not be collected from the post office due to insufficient postage.
9. Competition winners will be required to sign a receipt for the trophies and return them in the condition they were received in, to the Trophy Secretary of the Bracknell Ice Skating Club no later than one month prior to the published date of the next Bracknell Open competitions.
10. The time and date of the draw will be advertised on the Bracknell Ice Skating Club website
11. Fees will not be returned for cancellations received after the closing date.
12. Only written applications will be accepted. Photocopies of the application forms will be accepted.

13. Please forward a separate cheque and entry form for each competition entered. Cheques should be made payable to **BRACKNELL ICE SKATING CLUB**, with the skater's name and competition on the back of the cheque.
14. Entries accompanied by a cheque that bounces will not be accepted until the entry fee is paid in cash together with an excess of £10 to cover bank charges
15. Skaters may compete at only the level relevant to their test standard as appropriate at the closing date for the event. Tests passed after the closing date **DO NOT** allow entry to be transferred to another level under any circumstances.
16. **ENTRY FEES - CLASSES 1 - 5 and 8 - 14 £18 per class**

CLASSES 6 - 7	£25 per class
CLASSES 15 - 21	£36 per couple per entry
17. Entry forms should be sent to **Christine Piggott 30 Bloomsbury Way Camberley Surrey GU17 9LY**
18. For further enquiries please contact Christine Piggott 01276 36462 or 07720 289644 before 9p.m, or Email dancecompetitions@bracknell-ice-skating-club.co.uk.
19. Acknowledgement of entry and notification of timetable will be by email only.
20. Bracknell Ice Skating Club cannot accept any responsibility for any damage or loss of personal property.

PHOTOGRAPHY

To comply with the NISA Child Protection Policy and Procedures, ALL competitors are requested to provide consent to being photographed and videoed prior to the event. By entering the event, there is an acceptance that the child / participant may be photographed, unless the photography consent form states otherwise, and images may be published by the National Ice Skating Association. Private photography or the taking of private video is NOT permitted within the Bracknell Ice Skating rink without official permit. Parents/guardians may apply on the day for a photo permit and this will permit the photography of the named skater only.

Please note that each of the Solo Dance Events will be run as a separate competition with podium places in each event

Solo Dance events	Minimum test standard	Type of dance
<u>Event 1a Pre Novice</u> Bracknell solo dance cup	Must hold a minimum of <ul style="list-style-type: none"> • Level 2 FM and level 2 Compulsory Dance and <i>either</i> • Level 2 Variation Dance or Level 2 Free Dance 	Compulsory Dance American Waltz (2 sequences)
<u>Event 1b Pre Novice</u>	As for event 1a	Original Dance 11/2 minutes +/- 5 seconds Rhythm-Rhythms of the 1920's, 1930's and 1930's
<u>Event 2a Novice</u> The Gladys Hooper Memorial Trophy	Must hold a minimum of <ul style="list-style-type: none"> • Level 3 FM and Level 3 Compulsory Dance and <i>either</i> • Level 3 Original Dance OR Level 3 Free Dance 	Compulsory Dance Tango (4 sequences)
<u>Event 2B Novice</u>	As for event 2A	Original Dance 11/2 minutes +/- 5 seconds Rhythm-Folk and Country
<u>Event 3a Junior</u> The Cover Homes Trophy	Must hold a minimum of <ul style="list-style-type: none"> • Level 5 FM and Level 5 Compulsory Dance and <i>either</i> • Level 5 Original Dance OR Level 5 Free Dance 	Compulsory Dance Quickstep (2 sequences)
<u>Event 3b Junior</u>	As for event 3a	Original Dance 2 minutes +/- 5 seconds Rhythm-Folk and Country
<u>Event 4a Intermediate</u> The Lucine Chakmakjian Intermediate Solo Dance Trophy	Must hold a minimum of <ul style="list-style-type: none"> • Level 7 FM and Level 7 Compulsory Dance and <i>either</i> • Level 7 Original Dance OR Level 7 Free Dance 	Compulsory Dance Westminster Waltz (2 sequences)
Event 4b	As for event 4a	Original Dance 2 minutes +/- 5 seconds Rhythm-Rhythms of the 1920's, 1930's and 1930's

<p align="center"><u>Event 5a Senior</u> The David Phillips Senior Solo Dance Trophy</p>	<p align="center">Must hold a minimum of</p> <ul style="list-style-type: none"> • Level 8FM and Level 9 part 1 Compulsory Dance and <i>Either</i> • Level 9 Original Dance OR Level 9 Free Dance 	<p align="center">Compulsory Dance Viennese Waltz (2 sequences)</p>
<p align="center"><u>Event 5b Senior</u></p>	<p align="center">As for event 5a</p>	<p align="center">Original Dance 2 minutes 30 seconds +/- 10 seconds Rhythm-Folk and Country</p>
<p align="center"><u>Event 6 Pre Juvenile</u> The Willow Trophy (2 Compulsory Dances)</p>	<p align="center">No Minimum standard required</p>	<p align="center">Compulsory Dances Novice Foxtrot (1 Circuit) and <u>Rhythm Blues</u> (2 sequences)</p>
<p align="center"><u>Event 7 Juvenile</u> (1 Compulsory Dance and 1 Variation)</p>	<p align="center">Level 1 FM</p>	<p align="center">Dutch Waltz Compulsory Dance and either Rhythm Blues or Canasta Tango Variation</p>
<p align="center"><u>Event 8 Pre Novice Free Dance</u> The Sarah Louise Cup</p>	<p align="center">Must hold a minimum of</p> <ul style="list-style-type: none"> • Level 2 FM and level 2 Compulsory Dance and <i>either</i> • Level 2 Variation Dance OR Level 2 Free Dance 	<p align="center">Free Dance 11/2 minutes +/- 5 seconds</p>
<p align="center"><u>Event 9 Novice Free Dance</u> The Roy Phillips Memorial Trophy</p>	<p align="center">Must hold a minimum of</p> <ul style="list-style-type: none"> • Level 3 FM and Level 3 Compulsory Dance and <i>either</i> • Level 3 Original Dance OR Level 3 Free Dance 	<p align="center">Free Dance 11/2 minutes +/- 5 seconds</p>
<p align="center"><u>Event 10 Junior Free Dance</u> The Marcin Glowacki Cup</p>	<p align="center">Must hold a minimum of</p> <ul style="list-style-type: none"> • Level 5 FM and Level 5 Compulsory Dance and <i>either</i> • Level 5 Original Dance OR Level 5 Free Dance 	<p align="center">Free Dance 2 minutes +/- 5 seconds</p>
<p align="center"><u>Event 11 Intermediate Free Dance</u> The Natasha Moody Cup</p>	<p align="center">Must hold a minimum of</p> <ul style="list-style-type: none"> • Level 7 FM and Level 7 Compulsory Dance and <i>either</i> • Level 7 Original Dance OR Level 7 Free Dance 	<p align="center">Free Dance 2 minutes +/- 5 seconds</p>
<p align="center"><u>Event 12 Senior Free Dance</u> The Lynn Burton Trophy</p>	<p align="center">Must hold a minimum of</p> <ul style="list-style-type: none"> • Level 8FM and Level 9 part 1 Compulsory Dance and <i>Either</i> • Level 9 Original Dance OR Level 9 Free Dance 	<p align="center">Free Dance 3 minutes +/- 10 seconds</p>

<p align="center"><u>Event 13 Pre Juvenile Free Dance</u> The Fiesta Trophy</p>	<p align="center">No minimum standard required</p>	<p align="center">Free Dance 1 min 30 secs +/- 5 secs To include a step sequence using the full length of the rink <u>Plus</u> One spin(min 3 revs on one foot) <u>Plus</u> good timing, expression and simple step movements</p>
<p align="center"><u>Event 14 Juvenile Free Dance</u> The Samuel Elliott Trophy</p>	<p align="center">Level 1 FM</p>	<p align="center">Free Dance 1 min 30 secs +/- 5 secs To include a step sequence using the full length of the rink <u>Plus</u> One spin(min 3 revs on one foot) <u>Plus</u> one twizzle with a minimum of one rotation <u>Plus</u> good timing, expression and simple step movements</p>

GENERAL NOTES (A):

1. Factors : One Compulsory Dance 1.0: Original Dance 1.0: Free Dance 1.0
2. Skaters may enter more than one category provided their qualifications allow them to do so.
3. Please note that each of the Solo Dance Events will be run as a separate competition with podium places in each event

ORIGINAL DANCE TECHNICAL REQUIREMENTS

PRE-NOVICE AND NOVICE

- 1 MAXIMUM ONE SET OF MARKED SEQUENTIAL TWIZZLES
 - Minimum of 1 clockwise and 1 anti-clockwise with no more than 1 step between the 2 twizzles
 - Minimum of 1 continuous rotation within each twizzle
 - Additional sets of sequential twizzles are permitted but only the 1st attempted set (outwith the step sequence) will be marked. Others will be considered within the choreography mark
- 2 MAXIMUM ONE STEP SEQUENCE which should be DIAGONAL
Must be skated as fully corner to corner as possible
- 3 MAXIMUM ONE DANCE SPIN OR DANCE SPIN COMBINATION
Spin must have a minimum of 3 revolutions, and 3 revolutions on the 2nd foot if a combination spin is performed.

JUNIOR AND INTERMEDIATE

- 1 MAXIMUM ONE SET OF MARKED SEQUENTIAL TWIZZLES
 - Minimum of 1 clockwise and 1 anti-clockwise with no more than 1 step between the 2 twizzles
 - Minimum of 1 continuous rotation within each twizzle
 - Additional sets of sequential twizzles are permitted but only the 1st attempted set (outwith the step sequence) will be marked. Others will be considered within the choreography mark.
- 2 MAXIMUM ONE STEP SEQUENCE which should be DIAGONAL
Must be skated as fully corner to corner as possible
- 3 MAXIMUM ONE DANCE SPIN OR DANCE SPIN COMBINATION
Spin must have a minimum of 3 revolutions and 3 revolutions on the 2nd foot if a combination spin is performed

SENIOR

- 1 **MAXIMUM ONE SET OF MARKED SEQUENTIAL TWIZZLES**
 - Minimum of 1 clockwise and 1 anti-clockwise with no more than 1 step between the 2 twizzles
 - Minimum of 1 continuous rotation within each twizzle
 - Additional sets of sequential twizzles are permitted but only the 1st attempted set (outwith the step sequence) will be marked. Others will be considered within the choreography mark.

- 2 **MAXIMUM 2 x STEP SEQUENCES**
 - Maximum of 1 X Diagonal Step sequence, skated as fully corner to corner as possible.
 - 2ND step sequence which may be either Serpentine (either 2 or 3 bold curves) or circular. Step sequences must utilize the full ice surface.

- 3 **MAXIMUM ONE DANCE SPIN OR DANCE SPIN COMBINATION**

Spin must have a minimum of 3 revolutions and 3 revolutions on the 2nd foot if a combination spin is performed

RULES FOR ORIGINAL DANCE

FOLK AND COUNTRY

- Any type of Folk/Country dance music can be used. There are no restrictions on the number of musical selections but there must be a consistent theme based on a specific country or region.
- Variation of tempo within one selection of music are permitted
- Each selection of music may have different tempo
- Vocal music is permitted

MUSIC OF THE 1920'S, 1930'S OR 1940'S

- Any one or two rhythms/dances which originated in the 1920's, 1930's or 1940's may be used. If two rhythms are used one of them may be repeated
- The programme should reflect the character and style of the decades mentioned above and must not be performed as a ballroom dance.
- Original orchestration is not required but orchestration must be in the style of the decade chosen.
- Variations of tempo within one selection of music are permitted. If only one rhythm/dance is chosen, two different tunes of the rhythm may be used which may differ in tempo.

GENERAL ORIGINAL DANCE RULES

- 1 Except during step sequences, the pattern of the dance must proceed in a generally constant direction, either clockwise or anti-clockwise and must not cross the long axis of the ice surface except once at each end of the rink, no more than 20 meters from the end barriers. Loops in either direction are permitted as long as they do not cross the centre line.
- 2 The OD should have an emphasis on footwork and include interpretive steps. Jumps of no more than ONE revolution can be included. During the required step sequences(s), spins, stops or pirouettes are not permitted.
- 3 Touching the ice with the hands is not permitted
- 4 Toe steps, kneeling, sliding on two knees and performing a full split position on the ice is permitted only if not used excessively. Attention should be made to the IJS definition of a fall at all levels
- 5 Props that are part of the costume and characteristic of the music are permitted (see ISU rule 612)
- 6 Costume rules will be as per the ISU **Special Regulations and Technical Rules** Single and Pair Skating and Ice Dance 2008, rule 612 and any subsequent communications.
- 7 Marking and results will be as per ISU **Special Regulations and Technical Rules** Single and Pair Skating and Ice Dance 2008, and in particular rules 608, 609 and 610 and any subsequent communications.

FREE DANCE TECHNICAL REQUIREMENTS

PRE-NOVICE

1. Maximum of 1 combination pose (see separate sheet for details of pose / attitude)
2. Maximum of 1 midline step sequence skated as close to the midline long axis as possible
3. Maximum of 1 dance spin with a minimum of 3 revolutions
 - Combination spins are not permitted
4. Maximum of 1 set of marked sequential twizzles with no more than 3 steps between the twizzles
 - Minimum 1x clockwise and 1x anti-clockwise
 - Minimum 1 rotation in each twizzle
 - Additional sets of twizzles are permitted, but only the 1st attempted set (outwith the step sequence) will be marked. Others will be considered within the choreography mark.

NOVICE

1. Maximum of 1 combination pose including one attitude (see separate sheet for details of pose / attitude)
2. Maximum of 1 circular step sequence
3. Maximum of 1 dance spin with a minimum of 3 revolutions
 - Combination spins are not permitted
4. Maximum of 1 set of marked sequential twizzles with no more than 3 steps between the twizzles
 - Minimum 1x clockwise and 1x anti-clockwise
 - Minimum 1 rotation in each twizzle
 - Additional sets of twizzles are permitted, but only the 1st attempted set (outwith the step sequence) will be marked. Others will be considered within the choreography mark

JUNIOR

1. Maximum of 1 combination attitude (see separate sheet for details of pose / attitude)
2. Maximum of 1 circular or serpentine step sequence utilizing the full ice surface
3. Maximum of 1 dance spin combination
 - Must have a minimum of 3 revolutions on each foot
4. Maximum of 1 set of marked sequential twizzles with no more than 1 step between the twizzles.
 - Minimum 1x clockwise and 1x anti-clockwise
 - Minimum 1 rotation in each twizzle
 - Additional sets of twizzles are permitted, but only the 1st attempted set (outwith the step sequence) will be marked. Others will be considered within the choreography mark

INTERMEDIATE

1. Maximum of 1 attitude with change of edge (see separate sheet for details of pose / attitude)
2. Maximum of 1 step sequence, circular or serpentine, utilizing the full ice surface
3. Maximum of 1 dance spin combination
 - Must have a minimum of 3 revolutions on each foot
4. Maximum of 1 set of marked sequential twizzles with no more than 1 step between the twizzles
 - Minimum 1x clockwise and 1x anti-clockwise
 - Minimum 1 revolution in each twizzle
 - Additional sets of twizzles are permitted, but only the 1st attempted set (outwith the step sequence) will be marked. Others will be considered within the choreography mark.

SENIOR

1. Maximum of 1 attitude with change of edge (see separate sheet for details of pose / attitude)
2. Maximum of 2 step sequences of a different pattern and covering full ice surface
3. Maximum of 2 dance spins
 - Must have a minimum of 3 revs or 3 revs on each foot if a spin combination is performed

- If 2 basic position spins are skated (camel sit upright) then the spins must show different basic positions
4. Maximum of 1 set of marked sequential twizzles with no more than 1 step between the twizzles
- Minimum 1x clockwise and 1x anti-clockwise
 - Minimum 1 revolution in each twizzle
 - Additional sets of twizzles are permitted, but only the 1st attempted set (outwith the step sequence) will be marked. Others will be considered within the choreography mark.

Please note that all programme requirements for both Original Dance and Free Dance are MAXIMUM requirements and skaters are free to choose to skate as few or as many elements as they prefer according to their ability. There is no deduction for skating less than the maximum number of elements but if an element is skated it must match the requirements.

Couples Dance events	Minimum Test NB: no maximum	Age (as at 1st July2009)	Dance/Programme Length/Requirements
<u>Event 15 Couples Compulsory Dances</u> The Westminster Cup	Level 1 compulsory Dance and Level 1 FM	Max 28 years	Rhythm Blues and Dutch Waltz (2 sequences of each)
<u>Event 16 Couples Compulsory Dances</u> The Vienna Cup	Level 3 Compulsory Dance and Level 3 FM	As above	Fiesta Tango and Willow Waltz_(2 sequences of each)
<u>Event 17 Couples Free Dance</u> The Amber Cup	Level 3 Compulsory Dance, Free Dance and FM tests	As Above	2 mins +/- 5 secs Free Dance Programme containing: One step sequence in dance hold; One dance spin-minimum 3 revs on one foot by both skaters; One Dance lift and One set of twizzles NB vocal music allowed
<u>Event 18 Couples Compulsory Dances</u> The Starlight Trophy	Level 4 Compulsory Dance and Level 4 FM	As above	14 Step (3 sequences) and Foxtrot (2 sequences)
<u>Event 19 Couple Free Dance</u> The Austria Cup	Level 4 Compulsory Dance , Free dance and FM tests	As above	2 mins =/- 5 secs Free Dance programme containing: One step sequence in dance hold; One but not more than Two dance spins-minimum 3 revs on one foot by both skaters; One dance lift and One set of twizzles NB. Vocal music allowed
<u>Event 20 Couples Compulsory Dances</u> The Emerald Trophy	Level 5 Compulsory Dance, Free Dance and FM tests	As above	Rocker Foxtrot (2 Sequences) and <u>European Waltz</u>
<u>Event 21 Couples Free Dance</u> <u>tba</u>	Level 5 Compulsory Dance, Free Dance and FM tests	As above	2 mins +/- 5 secs free dance programme containing: One step sequence in dance hold; One but not more than Two dance spins-minimum 3 revs on one foot by both skaters; One but not more than two dance lifts and One set of twizzles NB. Vocal music allowed

1. Couples who enter or have previously entered IJS Junior and Senior Events & Championships may not compete in the above events.
2. Skaters placed in the first three of any previous year's NISA Novice Championships are ineligible to take part in these events unless they skate with another partner. All other couples skating in NISA Novice IJS events/Championships are eligible to enter these events.
3. These events will be judged using the Relative Marking 6.0 scoring method.
4. Factors:- Two compulsory Dances 0.5 each: Original Dance 1.0 : Free Dance 1.0. If two Compulsory Dances are to be skated, both dances are even in value. ISU Rule No 353 Para 3b