BISC DANCE COMPETITION

Tuesday 9th March 2010 at 5.00pm

Rules

- ❖ All entrants must be members of BISC aged 25 and under and must be coached at Bracknell.
- ❖ As time is limited it may be necessary to limit the number of entries in each class. This will be done by a random draw on the closing date. Entries will only be accepted when the entry form is accompanied by the entry fee. Telephone or e-mail entries will not be accepted.
- ❖ The draw for the order of skate will take place on Sunday 7th March 2010 at 11am.
- ❖ NISA standard is as at the closing date. The minimum test standards are recommended only.
- ❖ No maximum standards.
- ❖ Closing date is Sunday 7th March at 10am.
- ❖ Required elements for original dances as are per rules and regulations for solo dance championships 2010. See NISA website for full details.

Class #	Description	Recommended minimum test	Details
1	Pre-Novice	Level 2 CD variation and FM	Foxtrot (4 sequences)
2	Novice	Level 3 CD variation and FM	American Waltz (2 sequences)
3	Junior	Level 5 CD OD and FM	Blues (2 sequences)
4	Intermediate	Level 7 CD OD Level 6 FM	Killian (4 sequences)
5	Senior	Level 9 CD OD Level 6 FM	Rhumba (2 sequences)
6	Original dance	Level 2 CD variation and FM	Programme length 1 min 30 secs +/- 5 secs 1920's, 30's and 40's rhythm
7	Original Dance	Level 3 CD variation and FM	Programme length 1 min 30 secs +/- 5 secs Folk and Country rhythm
8	Original Dance	Level 5 CD OD and FM	Programme length 2 minutes +/- 10 secs Folk and Country rhythm
9	Original Dance	Level 7 CD OD Level 6 FM	Programme length 2mins +/- 5 secs 1920's, 30's and 40's rhythm
10	Original Dance	Level 8FM level 9 CD and level 9 OD/FD	Programme length 2mins 30 secs +/- 10 secs Folk and Country rhythm

Abbreviations: CD=compulsory dance, OD = original dance, FM = field moves

The entry fee for all classes is £5.Entry forms are available from the club folder or can be downloaded from the BISC website. Please put completed entry forms and fees (cheques made payable to BISC) in the club folder.