



Held under NISA regulations and permit.

You must be a member of NISA

23RD AND 24TH APRIL 2007
(closing date Saturday 31st MARCH 2007)

John Nike Leisuresport Complex,
John Nike Way, Bracknell, Berkshire.

**Solo Ice Dance Qualifying Competitions
and
Non-Qualifying Open (solo and couples) Dance Competitions.**

Version 1

31/01/07

Bracknell Solo Dance Qualifier and Non-Qualifying Open Dance Competition

Qualifying competitions for the (Home Nation) British Solo Ice Dance Championships 2007.

British Solo Ice Dance qualifying competitions and championship test requirements required by the closing date of each event. Skaters must not have reached the age criteria shown below before 1st July 2007.

Entry is £32 per class

Comp No	Level	Event name	Age	Minimum Test Requirement	Maximum Test Requirement	Compulsory dance	plus Original Dance
Class 1	Novice	The Bracknell Solo Dance Cup	12	Level 1 Comp. Dance & Level 1 Variation & DM/FM Tests	N/A	Canasta Tango 2 sequences	1½ minutes +/- 5 seconds Rock & Roll or Jive tempo range 40-50 measures /minute (160-200 beats/minute) See appendix for Required Elements
Class 2	Primary	The Gladys Hooper Memorial Trophy	14	Level 3 Comp. Dance & Level 3 Variation (OD) & DM/FM Tests	N/A	Willow Waltz 2 sequences	1½ minutes +/- 5 seconds Polka Rhythm tempo range 45-60 measures/minute (90 – 120 beats/minute at 2 beats per measure) See appendix for Required Elements
Class 3	Junior	The Cover Homes Trophy	16	Level 5 Comp. Dance & Level 5 O.D. & DM/FM tests	N/A	22 step 2 sequences	2 minutes +/- 5 seconds Samba Rhythm tempo range 50 – 60measures/minute (100 – 120 beats/minute at 2/4 time of 2 beats per measure) See appendix for Required Elements
Class 4	Intermediate	The Lucine Chakmakjian Intermediate Solo Dance Trophy	18	Level 7 Comp. Dance & OD Level 5 DM/FM testss	N/A	Tango 2 sequences	2 minutes +/- 5 seconds Blues Rhythm tempo range 70 – 100 beats/minute at 4/4time See appendix for Required Elements
Class 5	Senior	The David Phillips Senior Solo Dance Trophy	24	Part One of Level 9 Comp. Dance & Level 9 O.D. Tests & Level 5 DM/FM Tests	N/A	Quickstep 2 sequences	2 minutes 30 sec +/- 10 seconds Rhumba Rhythm tempo range 25-35 measures /minute . (100-140 beats/minute) 4/4 time of 4 beats per min See appendix for Required Elements

Non-Qualifying Competitions.

Please note that there are no age restrictions on the following classes – this is to allow skaters who are not eligible for qualifiers to enter. If you are eligible (and entering) for qualifiers, then you should enter the appropriate non-qualifying class.

Please note that the following classes are not part of the qualifying rounds for the British Solo Dance Championships, and entry is £18 per class.

FREE DANCE NON QUALIFYING SOLO ICE DANCE COMPETITIONS 2007

Class No.	Description	Event name	Minimum Test Requirement	Maximum Test Requirement	Programme length	Details
Class 6	Solo Free Dance (Novice)	The Sarah Louise Cup	No minimum standard	N/A	1½ minute (+/- 5 secs)	See Appendix for Required Elements
Class 7	Solo Free Dance (Primary)	The Roy Phillips Memorial Trophy	Level 3 Compulsory Ice Dance Test.	N/A	1½ minute (+/- 5 secs)	See Appendix for Required Elements
Class 8	Solo Free Dance (Junior)	The Marcin Glowacki Cup	Level 5 Compulsory Ice Dance Test.	N/A	2 minute (+/- 5 secs)	See Appendix for Required Elements
Class 9	Solo Free Dance (Intermediate)	The Lynn Burton Trophy	Level 7 Compulsory Ice Dance Test.	N/A	2 minute (+/- 5 secs) free dance	See Appendix for Required Elements
Class 10	Solo Free Dance (Senior)	?	Part One of Level 9 Compulsory Ice Dance Test	N/A	3 minutes (+/- 10 secs)	See Appendix for Required Elements

NON QUALIFYING SOLO ICE DANCE COMPETITIONS 2007

Class No.	Description	Minimum standard	Maximum standard	Programme length	Details
11	Level 2 and under compulsories	no minimum standard	No higher than Level 2 compulsory dance test	Solo dance	2 dances to be skated. Rhythm Blues and <u>Dutch Waltz</u> (2 sequences of each).
12	Level 2 and under variation	no minimum standard	No higher than Level 2 variation dance test	Variation dance	Competitors will be required to skate a Canasta Tango variation – See NISA publication “Ice Dances” Edition 13 – music 8-12 bars, Skaters commence with the prescribed steps for the Canasta Tango, interrupt the sequence at any one point, and insert dance steps of their own choice. Having executed this variation, the skater must return to the exact point of interruption and continue with the next step of the Canasta Tango to complete the sequence. The whole sequence, plus the variation, must then be repeated once. It is advisable to attempt to restart the sequence on the pattern of the Canasta Tango.
13	Level 4 and under compulsories	no minimum standard	No higher than Level 4 CD	Solo dance	2 dances to be skated. Golden Skaters Waltz and <u>Fiesta Tango</u> (2 sequences of each).
14	Level 4 and under original dance	no minimum standard	No higher than Level 4 OD	Original dance 1½ minutes +/- 10 seconds	Competitors will be required to skate an original dance programme to any rhythm The pattern of the dance must proceed in a generally constant direction, either clockwise or anti-clockwise and must not cross the long axis of the ice surface, except once at each end of the rink (within no more than 20 metres of the end barriers). Loops in either direction are permitted provided they do not cross the centre line. The mark for presentation determines ties. Vocal music is permitted, but skaters are advised to ensure that they skate to the underlying beat and not only to the melody.
15	Level 7 and under compulsories	no minimum standard	No higher than Level 7 CD	Solo dance	2 dances to be skated. Foxtrot and <u>14 step</u> (2 sequences of each).
16	Level 7 and under original dance	no minimum standard	No higher than Level 7 original dance test may be held	Original dance 1½ minutes +/- 10 seconds	Competitors will be required to skate an OD programme to any rhythm. The pattern of the dance must proceed in a generally constant direction, either clockwise or anti-clockwise and must not cross the long axis of the ice surface, except once at each end of the rink (within no more than 20 metres of the end barriers). Loops in either direction are permitted provided they do not cross the centre line. The mark for presentation determines ties. Vocal music is permitted, but skaters are advised to ensure that they skate to the underlying beat and not only to the melody.

Non-NJS DANCE COUPLES EVENTS (2007) –

NB The Beginners Pairs / Couples competitions will be judged by the Relative 6.0 method. – Entry is £36 per couple per entry

Couples Class Number	Description	Age	Minimum Test Requirement	Maximum Test Requirement	Programme Length	Requirements
17	Beginner Couples / Pairs	N/A	Each partner must have passed either Novice Field Moves or new Level 1 Field Moves or Level 1 Dance Moves	Must not hold any National (non-competitive) Pair Test or any part of Level 6 Figure or Dance National tests	Free Program of 2 minutes (+/- 5 seconds) Vocal music is not permitted.	The programme must contain ONLY the following elements: Lifts - recognised Pair/Dance Lifts are not allowed Spins - (a) Pair/Dance spin in any position and any hold (min 2 revs). Change of foot or position optional. (b) Side by side solo spin – (min 3 revs) Step Sequences (a) Mid line utilising the full length of the ice surface (b) Second step sequence(any pattern). This may include spirals (Holds - At least 3 different dance / pair holds should be demonstrated throughout Moves demonstrating quality edges, simple turns and footwork should be included.

2007 Dance Couples

Couples Class Number	Description	Minimum Test Requirement	Age as at 1 st July prior to event.	Maximum Test Requirement	Programme Length	REQUIREMENTS BASED ON NEW TEST SCHEDULE 2007
18	Compulsory Dances	Level 1 C.D & Level 1 DM/FM	Maximum 24yrs	N/A	Compulsory Dances	Canasta Tango & Dutch Waltz _(2 sequences of each).
19	Variation Dance	Level 1 C.D. & Level 1 Variation & Level 1 DM/FM	As above	N/A	Variation Dance	Competitors will be required to skate a Canasta Tango Variation – music 8-16 bars, (2 sequences).
20	Compulsory Dances	Level 3 C.D. & Level 3 DM/FM	As above	N/A	Compulsory Dances	Fiesta Tango and Golden Skaters Waltz _(2 sequences of each).

21	Free Dance	Level 3 C.D. & Level 3 F.D.& Level 3 DM/FM	As above	N/A	Free Dance 1½ minutes +/- 5 seconds	A Free Dance programme containing: One step sequence in dance hold One dance spin –minimum 3revs on one foot by both skaters. One dance Lift. And One set of Twizzles NB. Vocal music allowed.
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Couples Events:

1. **Couples who enter or have previously entered NJS Junior and Senior events and Championships are ineligible to compete in the above events.**
2. **Skaters placed in the first three of any previous year's NISA Primary Championship are ineligible to take part in the above events unless they skate with another partner. All other couples having competed in the NISA Primary Championship/NJS Events or competing in current NISA Novice NJS Events /Championships are eligible to enter these events.**
3. **These events will be judged using the Relative 6.0 scoring method**

GENERAL NOTES

CLOSING DATE FOR ENTRIES Saturday 31st March 2007

The competitions will be held on Monday 23rd and Tuesday 24th April 2006 at Bracknell Ice Rink

1. Rules

- The competitions will be held under NISA regulations and are open to eligible members as defined by NISA
- The Committee of Bracknell Ice Skating Club reserve the right to refuse entry without reason or to cancel a competition or combine classes because of insufficient entries.
- ONLY WRITTEN APPLICATIONS WILL BE ACCEPTED. Photocopies of entry forms will be accepted.
- All acknowledgements and timetables will be sent via email if address provided - alternatively please enclose a SAE with each entry
- Entries will not be accepted unless **ALL NEW STANDARD levels** with dates of test passes have been properly completed.
- Ages are as at 1st July 2007.
- Test standards are as at 31st March 2007 – closing date.
- The draw for competitions (and couples compulsory dances) will take place at Bracknell on Sunday 22nd April 2006.
- Music on mini disc or compact disc will be accepted. THESE SHOULD BE CLEARLY MARKED with name, address and competition and handed in at the club reception table on arrival.. For any medium, there should be just one track recorded.
- Entry fees will not be refunded for withdrawals after the closing date.
- Trophies must be signed for and held at the winner's risk. They must be returned in good condition to the Trophy Secretary, Bracknell Ice Skating Club by the 1st March 2008 or on request.
- Flash photography will not be permitted during warm-ups or competitions, either on the ice or at the rink side.
- Video photography is allowed with the prior permission of the skaters concerned.

2. Entries

- Please forward a **separate cheque and entry form for each competition** entered.
- Cheques should be made payable to **BRACKNELL ICE SKATING CLUB**, with the name and competition number on the back of the cheque. Entries accompanied by a cheque that bounces will not be accepted until the entry fee is paid in cash together with an excess of £10 to cover any charges incurred
- Please post entries to Sacha Hartley Paddock View 107 Reading Road, Berks RG40 4RD enclosing a STAMPED ADDRESSED ENVELOPE.

- All queries to Sacha Hartley 01189 732338 9.30 a.m.- 6p.m.. there is an answerphone available
- email :dancecompetitions@bracknell-ice-skating-club.co.uk

BRITISH CHAMPIONSHIP FOR SOLO ICE DANCE APPENDIX

APPENDIX 1 - ORIGINAL DANCE ALL STANDARDS REQUIRED ELEMENTS.

1. ONE Diagonal step sequence skated along fully corner to corner of the rink must be included.
2. One SPIN ONLY must be included. Minimum 3 revolutions on one foot before any change of foot.
3. Twizzles NOVICE and PRIMARY in addition to any that may be skated during the step sequence: One clockwise, One anti clockwise minimum one (1) continuous rotation - on each foot--not 3's must be included. It should be noted that the end of the first twizzle should be controlled and checked, enabling the second twizzle to be executed on the same axis, with nor more than ONE step between the two twizzles (see note below)

JUNIOR, INTERMEDIATE AND SENIOR in addition to any that maybe skated during the step sequence: One clockwise & One anti-clockwise, minimum two (2) continuous rotations on each foot - not 3's must be included. It should be noted that the end of the first twizzle should be controlled and checked, enabling the second twizzle to be executed on the same axis, with nor more than ONE step between the two twizzles (see note below)

Except during the step sequence, the pattern of the dance must proceed in a generally constant direction, either clockwise or anti clockwise and must not cross the long axis of the ice surface except once at each end of the rink (within no more than 20 metres of the end barriers). Loops in either direction are permitted provided they do not cross the centre line. A modest infringement of the centre regulation will be allowed on rinks which are less than standard (60m x 30m) size.

APPENDIX 2 - FREE DANCE REQUIRED ELEMENTS

A. NOVICE AND PRIMARY

1. ONE Mid-Line step sequence skated along the full length, barrier to barrier, on the centre(long) axis of the rink must be included.
2. ONE spin only must be included. Minimum 3 revoutions on one foot, before any change of foot.
3. TWIZZLES in addition to any that may be skated during the step sequence: ONE clockwise & ONE anti clockwise minimum one (1) continuous rotation on each foot--not 3's must be included. The two twizzles must be executed consecutively. It should be noted that the end of the first twizzle should be controlled and checked enabling the second twizzle to be executed on the same axis, with no more than 3 steps between the twizzles. (see note below)

B. JUNIOR, INTERMEDIATE AND SENIOR

1. ONE Anti-clockwise Circular step sequence skated in the centre of the ice surface and barrier to barrier
2. TWO spins only must be included. Minimum 3 revolutions on one foot before any change of foot.
3. TWIZZLES in addition to any that may be skated during the step sequence: ONE clockwise & ONE anti clockwise minimum two (2) continuous

rotations on each foot - not 3's, must be included. The two twizzles should be executed consecutively. It should be noted that the end of the first twizzle should be controlled and checked enabling the second twizzle to be executed on the same axis, with no more than 3 steps between the twizzles.

NB. Jumps, dance spins, stops and pirouettes are not allowed during the O.D or F.D. step sequence.

APPENDIX 3 - TWIZZLES

1. See ISU Special Regulations Ice Dancing 2002 Rule no. 504, 14 (a) page 11
2. With the exception of any Step Sequence Twizzles, the first Twizzles performed will be judged as the Required Element irrespective of any other which may be included in the remaining part of the programme.
3. The twizzle sequence should be clearly defined as a required element in both Original Dance and Free Dance.
4. The inclusion of an excessive number of twizzles will affect the balance of a programme and could lead to deductions.

APPENDIX 4 - ORIGINAL DANCE

1. Should include interpretive steps, hops and can include jumps of no more than half a revolution.
2. Emphasis to be placed on footwork which could incorporate movements selected freely from Dance Moves.

APPENDIX 5 - FREE DANCE.

1. Whilst there are no restrictions on the number of half revolution jumps, skaters may also include one jump of no more than one revolution.

APPENDIX 6 - ORIGINAL & FREE DANCE MUSIC:

1. Music containing vocals is permitted
2. It is important that skaters have a spare copy of music readily available at all events
3. Original Dance music should have a rhythmic beat appropriate to the required rhythm and the skater must skate to it and not to the melody alone.
4. Music for Free Dance must have an audible rhythmic beat and melody or audible rhythmic beat alone but not melody alone
5. If more than one piece of music is used for the Free Dance care should be taken to ensure the duration of each piece is approximately balanced.
6. All music must be clean and of good quality, be the only recording on the disc, show clearly the skaters name, programme type and exact total running time (not skating time).

APPENDIX 7- EIGHT QUALIFYING ROUNDS & THE FINAL

1. Qualifying Skaters (Females)

A) Novice, Primary & Junior

- i) The *THREE* highest placed female skaters in the Novice, Primary and Juniors in the qualifying Home Nation Opens of Wales, Scotland, Northern Ireland and England (Bracknell) will qualify for the finals. PLUS**
- ii) The first *TWO* skaters in the Novice, Primary and Juniors in the *FOUR* other English Opens will also qualify for the Finals.**

B) Intermediates & Seniors

- i) The first *TWO* skaters in the Intermediates & Seniors in all *EIGHT* Opens will qualify for the Finals.**

2. Males must enter a minimum of *TWO* events to qualify, but are advised to enter more.

3. Should there be an over subscription requiring further limit on the number of entries, competitors who have previously qualified in another competition will be asked to withdraw their entries. This will allow those who have not yet qualified the best opportunity to compete. Should further restriction on numbers be required after taking this step, a draw will be held.

4. A Skater wishing to enter more than one section will be asked to state their preference. In the event of numbers being restricted, competitors may only be allowed to enter their preferred category.

5. Skaters who have qualified for more than one category will only be allowed to compete in one final

6. Warm Ups: in qualifying rounds and final will be 3 minutes and groups may number 8 maximum at the Referee's discretion.

7. Factors: - Compulsory Dance 0.4 Technique Mark determines ties (ISU Special Regulations Ice Dancing 2002 Rule no. 544 Para 3A)

Original Dance 0.6 Presentation Mark determines ties (No 544 Para 3b) Free Dance 0.6 Presentation Mark determines ties (No 544 Para 3b)

NB.

1. Skaters & Coaches should take particular note of the length and time allowance of O.D. and F.D. programmes

2. Consideration may be given to the introduction of a compulsory Free Dance entry requirement for 2008

3. The Field / Dance Moves entry requirement for Intermediates and Seniors is expected to be increased for 2008