

Bracknell Ice Skating Club Adult Competition

Wednesday 26th May 2004, commencing at 6.15 pm

- 1 All entrants must be members of BISC. NISA Standard is as on 23rd May 2004
- 2 The entry fee is £4 per entry
- 3 The closing date for entries is Sunday 23rd May at 10 am, draw in café then.
- 4 Please note that no late entries will be taken and no telephone entries.
- 5 Age is 18 or over on 23rd May 2004.

Thanks

	Cla ss no.		Min Standard	Max Standard	Length	Remarks
Beginner free skating	1A	Under level 1	no minimum standard	Must not hold any of level 1 elements or level 1 free	1 min 30 secs +/- 5 secs	The program must comprise only single jumps. No Axels are permitted No combinations or sequences are permitted
Level 1 free skating	1B	Level 1	Novice field moves or level 1 dance moves, and either level 1 elements or level 1 free	Must not hold any of level 2 elements or level 2 free	1 min 30 secs +/- 5 secs	The program must comprise only single jumps. No Axels are permitted Only one jump combination or sequence is permitted. One step sequence must be included
Level 2 free skating	1C	Level 2 and over	Prelim Field moves or level 2 dance moves and either level 2 elements or level 2 free	no maximum standard	1 min 30 secs +/- 5 secs	The program should be well balanced with a variety of jumps, spins and steps. Any jumps are permitted but a minimum of 1 and a maximum of 3 combinations and/or sequences are permitted
Improvis- ation	2A	under level 2	no minimum standard	Must not hold any of the following: <ul style="list-style-type: none"> • Level 2 Elements Level 2 Free	1m 40 secs	The programme must only contain the following elements – <ul style="list-style-type: none"> ■ one foot upright spin ■ one foot original spin ■ any one of – 3 jump, salchow and toe-loop, ■ sequences of connecting moves which must also include other free-skating moves, such as change of direction, spirals, Ina Bauers, spread eagle and flowing moves which use deep edges. The sequences must be skated using the whole ice surface.
Improvis- ation	2B	level 2 and over	Level 2 elements or Free	No Maximum Standard	1m 40 secs	The programme must only contain the following elements – <ul style="list-style-type: none"> ■ one of camel spin, sit spin ■ any one of -lay back, original spin, combination spin with only one position change and no change of foot

						<ul style="list-style-type: none"> ■ one of – loop, flip, lutz ■ one combination jump (no axels or doubles permitted). ■ sequences of connecting moves which must also include other free skating moves, such as change of direction, spirals, Ina Bauers, spread eagle and flowing moves which use deep edges. The sequences must be skated using the full ice surface.
Artistic Level 1 & under,	3		No minimum standard	Must not hold any of the following <ul style="list-style-type: none"> ■ Level 2 Elements ■ Level 2 Free 	2 minute programme +/- 5 secs	Vocal music and small props are allowed For judging categories, see rules in schedule for Adult Open
Compulsory dance solo	4A	level 2 and under	no minimum standard	must not hold novice/level 3 compulsory dance test	-	Two dances to be skated – Rhythm Blues and <u>Dutch Waltz</u>
Compulsory dance solo	4B	open	no minimum standard	no maximum standard	-	Two dances to be skated – Golden Skater's Waltz and <u>Fiesta Tango</u>
Couples compulsory dance	4C	level 4 and under	no minimum standard	must not hold prelim/level 5 compulsory dance test	-	2 dances to be skated Canasta Tango and <u>Riverside Rhumba</u>
Free dance solo	5A	level 3 and under	no minimum standard	must not hold prelim/level 4 compulsory dance test	Solo free dance, 1.5 mins +/- 10 secs	Free dance programme, vocal music permitted
Free dance solo	5B	level 4 and over	level 4/prelim compulsory dance	no maximum standard	Solo free dance, 1.5 mins +/- 10 secs	Free dance programme, vocal music permitted
variation solo	6A	level 3 and under	no minimum standard	must not hold prelim/level 4 compulsory dance test	-	Competitors will be required to skate a Canasta Tango variation
Original dance solo	6B	any standard	no minimum standard	no maximum standard	1.5 minute original dance +/-10 secs	Competitors will be required to skate an original dance programme to any rhythm
Couples Original dance	6C	any standard	no minimum standard	no maximum standard	1.5 minute original dance +/- 10 secs	Competitors will be required to skate an original dance programme to any rhythm

Please let me know immediately if there is a class that you intend to compete in in the Adult Open, it is not on the above list, and you would like to try it. Thanks Sue